Review

Synthesis, properties, and biomedical applications of gelatin methacryloyl (GelMA) hydrogels

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Abstract
Gelatin methacryloyl (GelMA) hydrogels have been widely used for various biomedical applications due to their suitable biological properties and tunable physical characteristics. GelMA hydrogels closely resemble some essential properties of native extracellular matrix (ECM) due to the presence of cell-attaching and matrix metalloproteinase responsive peptide motifs, which allow cells to proliferate and spread in GelMA-based scaffolds. GelMA is also versatile from a processing perspective. It crosslinks when exposed to light irradiation to form hydrogels with tunable mechanical properties. It can also be microfabricated using different methodologies including micromolding, photomasking, bioprinting, self-assembly, and microfluidic techniques to generate constructs with controlled architectures. Hybrid hydrogel systems can also be formed by mixing GelMA with nanoparticles such as carbon nanotubes and graphene oxide, and other polymers to form networks with desired combined properties and characteristics for specific biological applications. Recent research has demonstrated the proficiency of GelMA-based hydrogels in a wide range of tissue engineering applications including engineering of bone, cartilage, cardiac, and vascular tissues, among others. Other applications of GelMA hydrogels, besides tissue engineering, include fundamental cell research, cell signaling, drug and gene delivery, and biosensing.

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1. Introduction

Hydrogels are crosslinked network of hydrophilic polymers that can swell in water to capture many times their original mass. Physical and biochemical properties of hydrogels largely depend on their compositions, methods used for their polymerization, and their crosslinking density. Hydrogels provide a versatile platform to include desired combinations of properties for designed applications [1]. Numerous hydrogels have been developed based on natural and/or synthetic polymers using various kinds of cross-linking chemistry towards different biomedical applications, such as regenerative medicine, drug delivery, and tissue adhesives [2]. In particular, hydrogels for biomedical applications are designed to resemble the characteristics of native extracellular matrix (ECM) and to provide three-dimensional (3D) supports for cellular growth and tissue formation [3]. Hydrogels have been also widely used in 3D culturing to study cell–matrix and cell–cell interactions, and cellular proliferation, migration [4], and differentiation [5]. To this

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aim, hydrogels based on naturally occurring biopolymers have potential advantages over synthetic polymers, such as excellent biocompatibility, low immunoreactivity, and possible bioactive motifs encoded in their chemical structures.

In this contribution, we review recent research on the synthesis, characterization, and biomedical applications of gelatin methacryloyl (GelMA), which is also frequently referred to as gelatin methacrylate [6–9], methacrylated gelatin [10–13], methacrylamide modified gelatin [14], or gelatin methacrylamide [15–18] in literature by different authors. Based on the fact that GelMA is a gelatin derivative containing a majority of methacrylamide groups and a minority of methacrylate groups, we suggest that “gelatin methacryloyl” is a more suitable name, which also matches the widely accepted abbreviation GelMA.

GelMA undergoes photoinitiated radical polymerization (i.e. under UV light exposure with the presence of a photoinitiator) to form covalently crosslinked hydrogels. As the hydrolysis product of collagen, the major component of ECM in most tissues, gelatin contains many arginine-glycine-aspartic acid (RGD) sequences that promote cell attachment [19], as well as the target sequences of matrix metalloproteinase (MMP) that are suitable for cell remodelling [20]. When compared to collagen, the advantages of gelatin include better solubility and less antigenicity [21,22]. The hydrolysis process also denatures the tertiary structure of collagen, reducing its structural variations due to different sources. A gelatin solution has, on its own, the unique property of gelation at low temperatures to form physically crosslinked hydrogels [14,23]. In addition, several chemical reactions have been applied to covalently crosslink gelatin [24–27]. Conveniently, introduction of methacryloyl substituent groups confers to gelatin the property of photocrosslinking with the assistance of a photoinitiator and exposure to light, due to the photopolymerization of the methacryloyl substituents [14]. This polymerization can take place at mild conditions (room temperature, neutral pH, in aqueous environments, etc.), and allows for temporal and spatial control of the reaction [6]. This enables microfabrication of the hydrogels to create unique patterns, morphologies, and 3D structures, providing ideal platforms to control cellular behaviors, to study cell–biomaterial interactions, and to engineer tissues [6,28].

It is worth mentioning that the chemical modification of gelatin by methacrylic anhydride (MA) generally only involves less than 5% of the amino acid residues in molar ratio [14], which implies that most of the functional amino acid motifs (such as the RGD motifs and MMP-degradable motifs) will not be significantly influenced. Specifically, the RGD motifs do not contain groups that will react with MA, which ensures the retention of good cell adhesion properties of GelMA [6,19,29]. Furthermore, the in vitro enzymatic degradation of GelMA hydrogels by type I and type II collagenases (also known as MMP-1 and MMP-8, respectively) proceeds at accelerated rates, indicating the existence of MMP-sensitive motifs in GelMA [30,31].

Since its first synthesis report [14], GelMA hydrogels have been thoroughly studied in terms of physical and biochemical properties for many different applications ranging from tissue engineering, to drug and gene delivery. In this review, we will focus on studies related to GelMA hydrogel synthesis and characterization as well as its composites. We will also summarize the reported methods for microfabrication of GelMA hydrogels, and the applications of resulting GelMA-based biomaterials.

2. Synthesis and characterization of GelMA hydrogels

Different protocols have been reported for the preparation of GelMA, but they are all essentially minor variations of a general method first reported by Van Den Bulcke et al. [14]. Briefly, GelMA is synthesized by the direct reaction of gelatin with MA in phosphate buffer (pH = 7.4) at 50°C. This reaction introduces methacryloyl substitution groups on the reactive amine and hydroxyl groups of the amino acid residues [14] (Fig. 1A). Different degrees of methacryloylation substitution can be achieved in GelMA by tuning the amount of MA added to the reaction mixture, which produces GelMA with different physical properties. Maintaining a higher pH during the reaction enhances the reactivity of amine and hydroxyl groups, thereby leading to a higher degree of substitution [32]. Once the substitution reaction is stopped by diluting the reaction mixture (typically 5X) with phosphate buffer, the resulting solution should then be dialyzed against deionized water through a dialysis tubing (12–14 kDa molecular weight cutoff) for 5–7 days to allow complete removal of the low-molecular-weight impurities (including unreacted MA and methacrylic acid byproducts, etc.), which are potentially cytotoxic. Finally, the dialyzed solution can be freeze dried and stored, preferably under refrigeration, until use. Note that the reaction of gelatin and MA is a two-phase reaction, where an organic compound is added and dispersed into an aqueous phase. As a result, the rate of MA addition and the conditions of mixing might have specific effects on the quality of the dispersion, and consequently, on the degree of methacryloyl substitution in the final product. To our knowledge, the effect of different mixing conditions on the properties of the resulting GelMA has not been studied in detail and remains a topic for further optimization studies.

Photocrosslinking of the synthesized GelMA can be conducted using a water-soluble initiator under UV light. Common choices for photoinitiators include 2-hydroxy-1-[4-(2-hydroxyethoxy)phenyl]-2-methyl-1-propanone (Irgacure 2959) [6,29] and lithium acrylamidophosphate salt (LAP) [33]. Irgacure 2959, a commercially available photoinitiator, has a solubility in water of at least 5 mg/mL [34], which is sufficiently high for most photopolymerization conducted in aqueous environments. LAP, a recently developed alternative water-soluble photoinitiator, has a higher solubility in water (up to 8.5 wt%) and a higher molar extinction coefficient at 365 nm than Irgacure 2959 [33]. The degree of substitution, GelMA concentration, photoinitiator concentration, and UV exposure time are the major parameters that allow tuning of the physical properties of the resulting GelMA hydrogels [14].

Characterization of the physical properties (i.e. porosity, elastic modulus, degradation, and water swelling) and cell response parameters (i.e. cell viability, proliferation, differentiation and spreading) on GelMA hydrogels is key to determining the suitability of these polymers for different tissue engineering applications. GelMA offers high versatility regarding the tuning of its characteristics by manipulating its synthesis and processing (i.e. conditions of crosslinking). For example, the compressive modulus of GelMA can be fine-tuned by varying the degree of methacryloyl substitution or by adding inorganic or organic components to GelMA (Fig. 1B), making it suitable for a wide range of biomedical applications. GelMA hydrogels can also be subjected to cryogenic treatments (i.e. freeze drying) to generate porous scaffolds with controlled pore sizes and porosity [35]. Van Vlierberghe et al. reported the preparation of porous GelMA hydrogels upon cryogenic treatments of the chemically crosslinked hydrogels [36]. They identified that the average pore sizes were inversely related to the concentration of GelMA solution and the cooling rate, and they successfully prepared GelMA hydrogels with gradient pore sizes using a gradient cooling rate strategy [36,37]. We and others have also shown that the pore sizes in GelMA hydrogel can be tuned by changing the degree of methacryloyl substitution [9,38]. For example, Chen et al. [9] synthesized GelMA hydrogels with different substitution degrees (49.8, 63.8, and 73.2%) using 1, 5, and 10 M MA solutions, respectively. In these experiments, the degree
of substitution was defined as the ratio between functionalized to originally available amino groups, as measured by H NMR spectroscopy. The average pore size of the resulting GelMA hydrogels, as characterized by SEM after freeze drying, was 50 (49.8%), 30 (63.8%), and 25 μm (73.2%).

Other relationships have been reported between several characteristics (chemical, physical, and bio-responsive) of GelMA hydrogels. Chen et al. observed that the compressive modulus of a GelMA hydrogel was directly proportional to the degree of methacryloyl substitution (2.0 ± 0.18 kPa (49.8%), 3.2 ± 0.18 kPa (63.8%), and 4.5 ± 0.33 kPa (73.2%)) [9]. The compressive modulus was also directly proportional to the GelMA mass/volume fraction. For example, Nichol et al. estimated compressive modulus values of 2.0, 10.0, and 22.0 kPa, respectively, for 5, 10, and 15% w/v GelMA (with a degree of substitution of 53.8%). The corresponding values for GelMA with a higher degree of substitution (81.4%) were higher: 3.3, 16.0, and 30.0 kPa for 5, 10 and 15% w/v GelMA [6]. Nichol et al. reported that the swelling ratio decreased by increasing the degree of methacryloyl substitution and the GelMA mass fraction [6]. Similarly, cell proliferation was inversely proportional to the GelMA mass fraction within the hydrogel [6].

The attachment and proliferation of different cells in GelMA hydrogels have been widely established and characterized. Pioneering studies demonstrated that GelMA hydrogels can serve as an active cell culture matrix material in both 2D and 3D experiments, due to the combined biocompatibility, mechanical properties, and existence of bio-active peptide sequences [39]. For instance, cells can be suspended in GelMA prepolymer solutions and crosslinked upon exposure to UV light to form cell-laden 3D hydrogels. High cell viability (>80%) is generally observed in these photocrosslinked cell-laden GelMA hydrogels. In contrast to 2D cell culture, cells encapsulated in hydrogels should be able to remodel their surrounding environments for spreading and migration [29].

3. Microfabrication of GelMA hydrogels

The excellent biocompatibility of GelMA hydrogels makes them suitable as cell culture matrices that mimic native ECM. However, to fabricate tissue constructs similar to living tissues, one of the essential requirements is to generate organized assemblies of various types of cells to resemble the complex architectures of the targeting tissues in vitro. Recently, several state-of-the-art microfabrication techniques have been applied to control the 3D microstructure of GelMA hydrogels, and in return, to tune the cell—material interactions and cellular behaviors. In this section, we will summarize the microengineered GelMA hydrogels produced by using several microscale techniques (Fig. 2).

3.1. Photopatterned GelMA hydrogels

Photopatterning can be simply defined as a set of techniques that uses any form of light to imprint patterns into materials. Since GelMA is a photocrosslinkable material, the idea of using photopatterning techniques to impart a particular topography or to
Fig. 2. Microfabrication techniques used to produce GelMA hydrogels constructs. (A) Schematic representation of photopatterning of GelMA using a pre-patterned photomask. (B) Stacked layers of patterned GelMA hydrogels fabricated using a micro-mirror projection stereolithography system. Adapted from Gauvin et al. [41], with permission from Elsevier, copyright 2012. (C) Schematic representation of a fiber-assisted micromolding technique for production of parallel microgrooved surfaces that serve as a template for micro-patterning GelMA. Adapted from Hosseini et al. [50], with permission from Wiley, copyright 2014. (D) Schematic representation of the self-assembly of microgels fabricated by photopatterning. Adapted from Zamanian et al. [53], with permission from Wiley, copyright 2010. (E) Examples of the microfluidics of GelMA hydrogels microfabrication. (i) Schematic representation of the method for coating microchannels with GelMA hydrogel. Adapted from Annab et al. [60], with permission from The Royal Society of Chemistry, copyright 2013. (ii) Fabrication of spherical GelMA microhydrogels using a microfluidic flow-focusing device. Adapted from Cha et al. [80], with permission from the American Chemical Society, copyright 2014. (F) Schematic representation of the bioprinting method for fabricating microchannels inside a GelMA hydrogel using an agarose template. Adapted from Bertassoni et al. [63], with permission from The Royal Society of Chemistry, copyright 2014. (G) Biotextile techniques as applied to the microfabrication of hybrid alginate and GelMA fibers and their assembly; (i) a representative SEM image of fabricated fiber; (ii) picture and micrograph of a typical woven fabric; (iii) a braided construct from NIH 3T3 fibroblasts, HUVECs, and hepatocytes (HepG2) as a liver model. Adapted from Tamayol et al. [67] with permission from Wiley, copyright 2015.
engineer 3D architectures of GelMA-based scaffolds is quite intuitive. Photopatterning of GelMA hydrogels with the assistance of photomasks is a convenient method to achieve micropatterned GelMA scaffolds. Light irradiation only passes through the transparent regions of the photomask and induces chemical crosslinking of the GelMA solution underneath, resulting in hydrogels imprinted with the photomask patterns [Fig. 2A]. Complex architectures within GelMA hydrogels have been created by using photomasking techniques. For example, Nichol et al. utilized this method to fabricate GelMA microgels with square shapes [6]. 3T3 fibroblast cells encapsulated within these microgels showed similar viability (75–92%) but more elongated morphologies than those in bulk GelMA hydrogels. Moreover, human umbilical vein endothelial cells (HUVECs) seeded on a patterned substrate coated with either GelMA hydrogel or polyethylene glycol (PEG) chains exhibited selective binding to GelMA surfaces. They also demonstrated the formation of a microchannel within a 3T3 cell-laden GelMA microgel, through which HUVECs could be perfused in to form a co-formation of a microchannel within a 3T3 cell-laden GelMA hydrogel, through which HUVECs could be perfused in to form a coculture, microvasculature network structure [6].

Micropatterning has also been applied to control 3D cellular alignment. In one study, Aubin et al. used photomasking to generate microengineered GelMA hydrogels and studied the effect of the feature sizes and aspect ratio of the engineered channels on the cell alignment and elongation in 3D gels [28]. GelMA hydrogels were photopatterned into rectangular microconstructs that were 150 μm in height and down to 50 μm in width. Compared with cells encapsulated in unpatterned GelMA hydrogels as the control, 3T3 cells showed enhanced alignment along the long axis of the rectangular microgels, and this effect was more significant in microconstructs with smaller widths. Several other cell lines such as HUVECs, rodent myoblasts (C2C12), and rodent cardiac side population cells (CSP) showed similar alignment and elongation behaviors in these patterned GelMA hydrogels [28]. Moreover, the cell-laden rectangular GelMA microconstructs were found to expand their widths, after initial swelling, due to cell proliferation at the external borders of the constructs. The authors showed that the gap between adjacent cell-laden constructs could progressively be filled with proliferating aligned cells. As a result, by properly designing the distance between neighboring microconstructs, self-assembled microtissues were achieved over the entire patterned surfaces, suggesting the possibility to fabricate highly aligned tissue constructs by using this simple strategy [28].

Fan et al. demonstrated a two-step photopatterning process to fabricate spatially defined 3D microgels based on GelMA to capture single neuron at the designed site of the microconstructs [40]. In the first step, GelMA hydrogels with gapped-loop shapes were prepared using a photomask and transferred onto a 3-(trimethoxysilyl)propyl methacrylate (TMSPMA)-coated glass slide. The micropatterned hydrogels were immersed into cell-laden GelMA solutions and underwent a second step photopolymerization to complete the entire loop structure, where individual cells could be captured at the gap position with moderate efficiency. It was found that a single neuron was able to spread after culturing within the engineered GelMA hydrogels, providing a practical tool to study axonal development [40].

Although photopatterning via photomask has been explored to fabricate planar micropatterned hydrogels, this technique has limited capability to create microgels with complicated 3D architectures. Micro-mirror device projection printing systems have been developed to produce hydrogels with 3D microarchitectures via a layer-by-layer photopolymerization approach. Gauvin et al. reported the use of a custom designed projection stereolithography system to fabricate GelMA hydrogels with tunable microarchitectures [Fig. 2B] [41]. They successfully obtained GelMA scaffolds with tunable mechanical properties (ranging from <1 to 800 kPa) that depended on the designed 3D microstructures. The interconnected pore structures of the GelMA scaffolds were found to support adhesion and proliferation of HUVECs, where the cells reached confluence within a week [41]. When loading the proper computer-aided-design (CAD) files, this dynamic projection lithography technique allowed easy and rapid fabrication of GelMA hydrogels with different geometries to create 3D cell microenvironments similar to the native tissues [42]. Grogan et al. later tested the feasibility of using microfabricated GelMA hydrogels for meniscus tissue engineering applications [43]. They showed that the micropatterned GelMA constructs promoted the formation of meniscus-like tissue in a human ex vivo model by guiding the cellular alignment within biomimicking collagen bundles.

Two-photon polymerization (2PP) based on the phenomenon of two-photon absorption provides an alternative method to directly "write" micropatterns within hydrogels by using a femtosecond laser source. The 2PP technique allows localized excitation of the photoinitiator molecules and as a result, localized polymerization reaction that is controlled by the resolution of light exposure. Moreover, since the laser can be focused on any point of a transparent photosensitive material, there is no need for use of photomask or supporting materials, and the fabrication is not limited by the layer-by-layer approach. Complex architectures could be easily obtained with the proper CAD designs.

Ovsianikov et al. used 2PP laser fabrication to form complex GelMA microconstructs [44–46]. Potential cell damage related to the 2PP fabrication was studied by encapsulating osteosarcoma MG63 cells within the fabricated constructs. Cytotoxicity was found to correlate with the radical species generated during the initiation of photopolymerization. Major limitation of 2PP technique in fabricating cell-laden hydrogels is the relatively slow processing compared to other photopatterning methods. Due to the localized nature of the polymerization reaction, it could take hours to create a single structure, limiting 2PP large scale practical applications.

As a photopolymerizable biopolymer derivative, GelMA can be easily incorporated practically into all known photopatterning procedures. Various photopatterning technologies, such as the stereolithography, 2PP laser fabrication, and others to be developed, will continue to expand the applications of GelMA hydrogels in tissue engineering.

### 3.2. Micromolded GelMA hydrogels

Micromolding is a simple yet reproducible approach towards cost effective fabrication of patterned hydrogels with both planar and non-planar surfaces. Shape and feature sizes of the resulting micropatterns on the hydrogels are determined by the molds, which can reach a range of below 1 μm. Generally, the molds can be made from different materials, such as metal and plastics. Polydimethylsiloxane (PDMS) elastomers are also widely used to fabricate the molding replica due to their tunable mechanical strength, optical transparency, and biocompatibility. Surface properties of PDMS molds can be further modified to change the wettability of different liquids and promote easy detachment of the fabricated hydrogels. When the prepolymer solutions are placed in contact with the micropatterned mold, different crosslinking mechanisms can be used to form patterns within the gel. To fabricate patterned GelMA constructs, photocrosslinking is still the most convenient crosslinking strategy to transform the prepolymer solutions into hydrogels, and has been widely used in combination with micromolding techniques in many reports.

Qi et al. combined micromolding and photopatterning techniques to spatially organize 3D hybrid hydrogel arrays based on GelMA and PEG derivatives. Embryoid bodies (EBs) were encapsulated within the engineered constructs to study their interactions
with different hydrogel compositions [47]. To do this, mouse EBs were first seeded into the microwells on a PDMS substrate, followed by the sequential loadings of the two prepolymer solutions and UV crosslinking through a photomask. The photomask was specifically designed so that the EBs were embedded at the interfaces of the two different hydrogels and therefore were exposed to an asymmetric microenvironment. Due to the biodegradability of GelMA hydrogels, the EBs were found to preferentially sprout into the GelMA hydrogel part and thus led to induced polarity in the embryonic development, suggesting possible approaches to regulate the behaviors of the stem cell niche for tissue regeneration applications.

In another study, Hosseini et al. fabricated a microgrooved GelMA substrates using PDMS molds and UV crosslinking techniques [10]. Murine C2C12 myoblasts were seeded within the microchannels of the grooved GelMA hydrogels and cultured in these pseudo-3D microenvironments. Both cell and myotube alignment were observed due to the geometrical confinement of the microchannels with no alignment on unpatterned GelMA hydrogels that were used as the control. Electrical stimulation was found to further promote the myobute alignment, facilitating the construction of a free standing contractile muscle tissue [10]. The effect of electrical stimulation could be enhanced by incorporating the microgrooved GelMA hydrogels with an interdigitated array of platinum (Pt) electrodes [48]. It was found that electrical stimulation using the designed electrode array resulted in a higher degree of C2C12 myotube alignment (~80%) than using common Pt wire electrodes (~65%). In the meantime, larger myotube length, higher coverage area, and higher degree of protein biomarker expressions were also identified in the C2C12 cells stimulated by this interdigitated array of Pt electrodes, suggesting the promises of GelMA hydrogels to engineer aligned muscle tissues [48]. A non-invasive glucose biosensor was later developed by Obregon et al. based on the cultured muscle tissue using a thin film of nanoporous gold [49]. By measuring the glucose uptake of the engineered skeletal muscle tissue with and without electrical stimulations, it was revealed that electrically stimulated muscle tissues consumed at least 10% more glucose when compared to normal tissues without electrical stimulation [49].

Microgrooved GelMA hydrogels with more complex surface patterns such as wavy or helical patterns have been fabricated using a fiber-assisted molding technique (Fig. 2C) [50]. Nylon threads were aligned into plane assays or cylindrical helix by wrapping them onto a planar or tubular object, respectively. PDMS prepolymer solution was then coated and cured on the fiber patterns to generate the replicating molds for these patterns. The PDMS molds with unique surface features were used in the mold-patterning of GelMA hydrogels to transfer complex curved patterns to the surface of the resulting hydrogels (ca. 30% higher number of aligned myotubes at day 8). C2C12 myoblasts cultured on these GelMA hydrogels patterned with sinusoidal grooves showed improved cell alignment when compared with myoblasts cultured on conventional channel-ridge patterned hydrogels. This indicated promising potential applications of grooved GelMA hydrogels with complex patterns in achieving in vitro cellular alignment [1]. Similarly, Annabi et al. applied micromolded GelMA hydrogels with channel-ridge patterns to culture cardiomyocytes (CMs) in vitro [51]. Enhanced cell alignment and contractile activity of the CMs were demonstrated on micropatterned GelMA hydrogels, compared to unpatterned ones. After 72 h of culture, 42% of the cells were aligned in the micropatterned GelMA versus 23% in unpatterned GelMA [51].

Micromolding has been combined with other fabrication techniques to engineer vessel-like structures. Sadr et al. produced GelMA blocks with a cylindrical lumen by casting GelMA hydrogel around a gold rod [52]. The rod surface was decorated with a layer of HUVEC and NIH 3T3 cells. The cell layer was released from the rod and printed onto the GelMA surface by applying voltage (1 V) to the rod ends. Removal of the rod from the block of GelMA left behind a vessel-like structure. Further cell proliferation at the vessel walls was promoted by continuous perfusion of culture medium.

One of the important features of the micromolding technology is the ability to create microfabricated hydrogels with complex 3D structures with high resolution. The combined use of templates and photocrosslinking provides a powerful and straightforward strategy to engineer high resolution complex GelMA microstructures.

3.3. Self-assembled GelMA hydrogels

Self-assembly has been exploited to create microstructural features in GelMA based scaffolds. For example, self-assembly of cell-laden GelMA hydrogel modules of different geometries with micro-scale range (i.e., cubes of around 1000 μm in volume) was demonstrated by placing the cubes of GelMA, onto the surface of a higher density hydrophobic liquid (i.e., CCl4 or perfluorodecalin). Formation of complex aggregates of the microgels was observed, due to surface tension that drove minimization of the free energy of the system (Fig. 2D) [53]. These aggregates could be consolidated by a second crosslinking step using UV light irradiation. This simple technique is powerful in the context of building complex and relevant tissue engineering architectures. The microgel blocks could encapsulate different cell types, which were aggregated to design multi-cellular structures.

Precise control of the assembly process can be achieved by functionalizing the surface of the cell-laden hydrogel blocks. For example, Qi et al. fabricated cube-shaped hydrogels functionalized with single-stranded DNA segments [54]. The authors showed that cubes loaded with long complementary DNA strands could preferentially bind to each other. Consequently, local aggregations and thus, the microarchitectures, could be directed by using cell-laden hydrogel blocks with complementary DNA strands [54].

An alternative strategy to take advantage of the self-assembly phenomenon in tissue engineering applications is the use of magnetic forces or magnetic alignment. In one embodiment of this strategy, Xu et al. fabricated magnetic GelMA and PEG micro-hydrogels and aligned them using a chamber with an array of magnetic rods [55]. The authors showed that complex 3D structures, composed of these magnetic microgels, could be assembled using simple strategies. For example, sequential immersion of a magnetic rod in three different magnetic microgel suspensions resulted in the fabrication of a structure composed of three sequential layers of cell-laden hydrogels. Tasoglu et al. have recently shown that cell-laden hydrogel structures (i.e., GelMA hydrogels) can be assembled, in a contactless manner, using a levitation magnetic-based strategy [56]. The authors showed that hydrogel building blocks with complementary geometry can be easily self-assembled using magnetic levitation when floating in a paramagnetic solution (prepared by addition of gadolinium ions).

As a spontaneous process driven by thermodynamics, self-assembly is a useful “bottom-up” approach to obtain complex 3D architectures from the controlled aggregation of sub-units or building blocks. However, the study of microgel self-assembly towards ordered structures is in its early stage, and precise control over the self-assembly process to mimic the delicate structures of native tissues is still an important challenge. Introduction of complementary DNA strands has been a promising solid step towards this goal. Designing and understanding new self-assembling microgel systems will provide useful insights and tools to further develop tissue engineering platforms.
3.4. GelMA hydrogels in microfluidics

Microfluidics refers to a broad, multidiscipline research field with the focus on designed systems involving the flow of small volume of fluids. In tissue engineering, microfluidic devices have been applied to fabricate various shaped microgels (e.g. microfibers or microparticles), organ-on-a-chip platforms, and hydrogels containing gradients. Here we summarize some studies that combine microfluidic devices with GelMA hydrogels for different bioengineering applications.

Hancock et al. reported a simple technique to generate concentration gradients in photocrosslinkable hydrogels (including GelMA hydrogels) over centimeter length scale [57]. A stripe of prepolymer solution was applied to a mold with hydrophobic boundary, followed by the addition of a drop of solution containing the targeting material at one end of the strip. Capillary flow drove the diffusion of the molecules, nanoparticles, or even cells within the stripe, which was controlled by a few parameters, such as geometric dimension of the stripe, viscosity of the fluid, and surface tension. Cell spreading gradient was achieved by controlling the concentration gradient of GelMA along the photocrosslinked hydrogel stripe [57]. Later, Piraino et al. further developed this technique to generate GelMA hydrogels with multiple gradient layers by sequentially repeating the procedure and a layer-by-layer process. Notably, the gradients could be in parallel or inverse directions along the hydrogel stripe [58].

Chen et al. developed a microfluidic platform with GelMA hydrogels to investigate the cardiovascular cell–cell interactions within the channels under 3D physiological conditions [11]. Bilayered microchannel devices were fabricated to incorporate valvular endothelial cells (VECs) in the top layer and valvular interstitial cells (VICs) embedded in GelMA hydrogels in the bottom layer, which were separated by a porous membrane. The interactions between VECs and VICs regulated by shear forces were studied using this platform. It was showed that VECs suppressed VIC myofibroblast differentiation, and this effect could be further enhanced by applying shear stress only to the VECs on the top layer. These results were similar to the behaviors observed in macroscale systems, implying that this microfluidic device could be used for cost-efficient and high-throughput screening studies [11].

Hiesh et al. reported the observation of 3D alignment of NIH 3T3 fibroblasts by applying gradient compressive forces to cell-laden GelMA hydrogels with a height gradient within a designed microfluidic device [59]. A PDMS membrane covered the concentric circle-patterned cell-laden hydrogels, and generated a gradient strain that was maximized in the center of the circle. Encapsulated NIH 3T3 cells demonstrated a trend of alignment that positively correlated to the applied strain on the hydrogels. This system provided a facile platform to investigate cellular behaviors (viability, proliferation, and alignment) under a gradient of external compressive strain [59].

Annabi et al. developed a technique to coat microfluidic devices with photocrosslinkable hydrogels (such as GelMA) and used the coated devices to generate a heart-on-a-chip platform, which can be used for drug screening applications. GelMA prepolymer solution was injected through PDMS cylindrical microchannels at a constant rate between 0 and 20 µL/min, while being illuminated with UV light to achieve crosslinking (Fig. 2E). The thickness of the GelMA coating could be adjusted by varying the feeding flow rate, the intensity of the UV light, and/or the concentration of the GelMA prepolymer solution. Moreover, GelMA precursor and cells can be mixed to fabricate microchannels coated with cell-laden GelMA hydrogels [60].

Incorporating GelMA hydrogels within microfluidic devices offer the possibility to study cell–biomaterials interactions under defined microenvironments. The continuous flow within the devices can provide the cells with similar conditions to those found in their native tissues (e.g., oxygen and nutrient supply, certain shear stress level, controlled exposure to certain stimuli), while the GelMA hydrogels serve as excellent ECM-mimicking materials for the encapsulated cells. It is easy to anticipate that GelMA hydrogels will soon find additional niches in microfluidic applications such as those related to biosensing and drug screening.

3.5. Bioprinted GelMA hydrogels

Bioprinting derives from the concept of additive manufacture, where a 3D architecture can be fabricated by a predefined and sequential deposition of layers of a “bioink” (such as in an ordinary 3D printing process). Bioprinting aims to accurately dispense cells, hydrogels, or cell-laden materials, to achieve spatially controlled 3D constructs and to mimic the structures of native tissues. Cell stability and viability should be retained during the printing process, by carefully designing biocompatible materials and crosslinking methods, and optimizing bioprinting parameters. The assembled cell-laden constructs provide tissue-like environments for the cells to proliferate and finally mature into a tissue.

Bioprinting technologies have been applied to generate GelMA-based 3D constructs with controlled architectures for various tissue engineering applications. For example, Schuurman et al. reported that GelMA solutions mixed with chondrocyte cells were printed into multiple layered network structures, where high viability of cells (83 ± 13% and 73 ± 2% at day 1 and 3, respectively) were observed within the GelMA hydrogels. The authors also studied the effect of other additives, such as hyaluronic acid (HA), on the viscosity of the GelMA solution to facilitate the printing procedure [15]. Hoch et al. studied the use of chemically tailored GelMA in the piezoelectric inkjet printing technique. They further modified GelMA with a second acetylation reaction to tune the solution viscosity and physical property, and to improve its processibility. Cell-laden spot arrays were formed where the encapsulated porcine chondrocytes exhibited high viability within the hydrogel [61]. Other studies also have explored the use of GelMA hydrogels in the bioprinting technique to manufacture cell-laden constructs with high cell viability (between 77 and 97%) for tissue engineering applications [18,62].

Bertassoni et al. reported that GelMA solutions with a range of concentrations (7–15%) could be mixed with cells and extruded through a modified bioprinter (Organovo™) mounted into a robotic X–Z system to print cell-laden cylinders with varying cell densities (Fig. 2F) [12]. The key modification consists of the addition of a UV light guide (Omnicure S2000) that could trigger the photocrosslinking of the cell-polymer suspensions inside a glass capillary tube. A metallic micro-piston allowed the automated formation of cell-laden cylinders of GelMA. The coordinated motion of the motorized X-Y-Z stage enabled precise printing and arrangement of the cell-laden GelMA cylinders into fibers or piles [12].

Bioprinting is an important addition to the toolbox of scaffold engineering, both on its own and in combination with other techniques. Bioprinting and 3D molding can be used to design cell-laden hydrogels with embedded cylindrical microchannels that resemble vasculature, a key element for close mimicky of complex and functional tissue architectures. Cylindrical-shaped segments of agarose, a natural polysaccharide, were also bioprinted and used as sacrificial template to form vascularized cell-laden GelMA hydrogels (Fig. 2F) [63]. The sacrificial agarose segments could be easily removed from the GelMA matrix by simply pulling of the agarose cords, resulting in a bioprinted GelMA scaffold with internal hollow “vessels” [63].

Recently, Kolesky et al. reported similar bioprinting approaches
for the creation of vasculature within GelMA hydrogels [64]. They designed several different inks compatible with the printing process to generate complex constructs of multiple types of cells as well as hollow channels. A triblock copolymer of polyethylene glycol (PEG) and polypropylene oxide (Pluronic F127) was used to print the fugitive filaments that could be easily removed to create the hollow vascular network structure and allow HUVECs to perfuse in and form vessels. Vascularized, heterogeneous tissue constructs with spatially positioned cells were created within a GelMA matrix by using this strategy [64].

Bioprinting allows feasible and precise processing of biomaterials and cells to generate spatially-controlled distributions in 3D. Provided that the goals of preserving cell viability and function are achieved, bioprinting can provide a solution to the fabrication of complex cell-laden constructs that mimic the function of certain tissues and lead to the direct manufacturing of mature artificial tissue in vitro that are suitable for transplantation. The excellent biocompatibility, degradability, and processibility of GelMA pre-polymer will play an important role, as a printable biomaterial, in 3D bioprinting technologies.

3.6. GelMA hydrogel fibers and fabrics

Textile techniques, originally aimed at generating clothing and decorative fabrics, can produce complex constructs with tunable mechanical properties with precise control over patterns. Recently, these techniques have been extensively used for fabricating scaffolds with biomimetic mechanical properties for tissue engineering applications [65–68]. These efforts have been fueled by the similarity of the morphology of some tissues such as tendons, ligaments, and muscles to the generated fabrics. However, the full potential of textile technologies in tissue engineering can be achieved by assembling cell-laden fibers [67]. Hydrogels in general and GelMA is particular are excellent cell carriers, but there are only a few studies on the fabrication of GelMA fibers and fabrics. Fabrication of GelMA fibers is not trivial as the crosslinking process is very rapid and the need for integration of a UV illumination system with the fiber spinning system makes the fabrication process challenging. In addition, the mechanical properties of GelMA are not favorable for use in textile processes.

In a recent study, Shi et al. generated GelMA fibers by injecting the pre-polymer solution into a cold solution to solidify the fibers first and then chemically crosslinked them using UV illumination [69]. However, the rapid dispersion of GelMA into the cold solution significantly affected the controllability of the process. In another approach Tamayol et al. used sacrificial alginate templates for engineering GelMA fibers [67]. In this approach GelMA pre-polymer was mixed with alginate and then wet spun into a CaCl₂ solution to crosslink alginate and physically entrap GelMA prepolymer. Fibers were then exposed to UV light to crosslink GelMA and alginate was removed using a calcium chelator. The presence of alginate enhanced the mechanical properties of the generated hybrid hydrogels and for the first time they were able to generate woven and braiding fabricated from GelMA with clinically relevant dimensions [67] (Fig. 2G).

4. Hybrid hydrogels based on GelMA

Hybrid hydrogels are constructed from blends of different components, which are selected to possess specific properties. Although GelMA is a cell-responsive material with wide-spectrum of tunable properties, tailored design of hybrid materials has been a useful strategy to improve some characteristics of GelMA for certain applications. Table 1 summarizes some examples of hybrid hydrogels based on GelMA and their targeting properties. In this section, we review hybrid hydrogels based on GelMA and other constituents including carbon nanotubes (CNT), graphene oxide (GO), inorganic nanoparticles, other biopolymers, and synthetic polymers.

4.1. Carbon nanotubes (CNTs), graphene oxide (GO), and graphene incorporated GelMA

Some tissue engineering applications require matrices with mechanical strengths higher than those normally obtained from GelMA hydrogels (up to ~30 kPa in compressive modulus). The use of GelMA prepolymer solutions with higher polymer concentrations (>15%) can lead to enhanced mechanical properties of GelMA hydrogels, but at the expense of affecting other relevant characteristics such as degradability, porosity, and 3D cellular spreading and growth. As a result, developing hybrid hydrogels based on GelMA has been used as an alternative to enhance the mechanical strengths of GelMA-based hydrogels, which still serve as suitable scaffolds for cell growth (Fig. 3A) [70,71].

Shin et al. added CNTs into GelMA hydrogels to enhance their stiffness without decreasing their porosity or inhibiting 3D cellular growth. 3T3 fibroblasts exhibited adequate growth in GelMA hydrogels containing CNTs in a range of concentrations from 0.1 to 0.5 mg/mL [70]. GelMA-CNT hydrogels showed a compressive modulus of 31 ± 2.4 kPa for 5 w/v% GelMA at the concentration of 0.5 mg/mL CNT, which was superior to that observed for pristine 5 w/v% GelMA hydrogels (10 ± 0.5 kPa) [71]. 3D cell culture experiments showed statistically similar viabilities (between 85 and 100%) with those observed in the controls (no CNTs added) after 24 and 48 h of seeding.

Incorporation of CNT could also fine-tune the electrical conductivity of the resulting hydrogels [71], which is an important characteristic in myocardial or neuronal tissue engineering applications. For instance, myocardial cells cultured on 50-μm-thick GelMA-CNT hydrogels demonstrated better alignment behaviors, 3-fold higher synchronous beating rates, and an 85% lower excitation threshold, when compared to cells cultured on the surface of pristine GelMA hydrogels [71].

Electrical signals can be used to align CNTs within the GelMA matrix and develop well-defined hybrid hydrogel architectures to direct cell growth. For example, Ramón-Azcón et al. developed nanostructured GelMA-CNT hydrogels within which the CNTs were aligned using dielectrophoresis (DEP) forces [72]. At a given voltage, the current intensity conducted through the GelMA hydrogels could be increased up to two orders of magnitude by the addition of 0.1 mg/mL CNTs, while alignment of the CNTs further increased the conductivity by three orders of magnitude. GelMA-CNT hybrid hydrogels with improved conductivity could be used to control cell growth and protein expressions. Muscle cells grown on aligned GelMA-CNT hydrogels yielded a higher number of functional myofibers when compared with those cultured on hydrogels with randomly distributed CNTs, as confirmed by the enhanced expression of myogenic genes (at least two-fold higher expression of myogenin, α-actinin, and MRF4) [73]. This effect could be further amplified when electrical stimulation was applied along the direction of CNT alignment, due to the oriented conductivity of the aligned GelMA-CNT hydrogels [73].

GO has also been used as an effective additive to enhance the mechanical properties of GelMA hydrogels. Shin et al. demonstrated that GelMA-GO hybrid hydrogels could facilitate spreading and alignment of cells, and improve viability and proliferation in 3D microenvironments, probably due to the interactions between cells and the GO nanostructures within the composite [71]. The GO reinforcement technique was applied in combination with a multiple layer stacking approach towards the facile construction of
complex artificial tissues with mechanical stability and cytocompatibility. The GelMA-GO hybrid hydrogels also provided the capability to fine-tune the mechanical and electrical properties without compromising the processibility for microfabrication. Cell-laden constructs could also be fabricated from GelMA-GO gels with higher GO concentrations (up to 2.0 mg/mL) than the GelMA-CNT gels without affecting the crosslinking density [71].

Reacting GO with 3-(trimethoxysilyl)propyl methacrylate afforded methacrylated graphene oxide (MeGO) as an alternative candidate to improve the stability of GO particles within the hydrogel matrix [74]. Cha et al. reported that hybrid GelMA-MeGO hydrogels exhibited superior toughness and a higher resistance to fracture when compared to GelMA-GO and pristine GelMA hydrogels (Fig. 3B) [74]. GelMA-MeGO hydrogels (3 mg/mL of MeGO) exhibited an 11-fold increase in ultimate stress when compared to GelMA-GO and pristine GelMA hydrogels (3 mg/mL of MeGO) [74]. Cha et al. reported that hybrid GelMA-MeGO hydrogels (3 mg/mL of MeGO) exhibited superior toughness and a higher resistance to fracture when compared to GelMA-GO and pristine GelMA hydrogels (Fig. 3B) [74]. GelMA-MeGO hydrogels (3 mg/mL of MeGO) exhibited an 11-fold increase in ultimate stress when compared to GelMA-GO and pristine GelMA hydrogels [74].

Ahadian et al. have proposed a facile and green method for the production of graphene dispersions and their incorporation into a GelMA hydrogel to enhance its stiffness (the Young’s modulus increased from 33.5 ± 6.7 kPa in pristine GelMA to 45.8 ± 9.9 kPa in GelMA graphene hydrogels containing 0.1 mg/mL GO) and conductivity (an increase of up to two orders of magnitude with respect to pristine GelMA) [76]. The addition of carbon nanomaterials such CNT and GO into GelMA hydrogels not only improves their mechanical properties, but also enhances the electrical conductivity of the resulting hybrid hydrogels. This provides a simple strategy to produce scaffolds for in vitro cell culture studies in which the application of an external electrical stimuli might be required (i.e. in the engineering of myocardial tissues and skeletal muscle tissues).

4.2. GelMA hydrogel containing inorganic nanoparticles

The addition of gold [77,78] and other inorganic particles [79,80] has been used to improve the mechanical strengths [81], conductivity [77], response to thermal or magnetic stimuli, and biological functionality of GelMA hydrogels [78]. For example, Heo et al. used gold nanoparticles (GNP) as additives to GelMA hydrogels for bone tissue engineering applications (Fig. 3C) [78]. They demonstrated

Table 1

<table>
<thead>
<tr>
<th>Category</th>
<th>Additional component</th>
<th>Aim</th>
<th>Cell type</th>
<th>Tissue</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNTs and GO</td>
<td>CNTs</td>
<td>Reinforce GelMA hydrogels</td>
<td>NIH-3T3 fibroblasts, human mesenchymal stem cells</td>
<td>Connective tissue</td>
<td>[70]</td>
</tr>
<tr>
<td>CNTs</td>
<td>Reinforce and enhance electric conductivity</td>
<td>Neonatal rat ventricular CMs</td>
<td>Cardiac</td>
<td>[87]</td>
<td></td>
</tr>
<tr>
<td>CNTs</td>
<td>Tune electrical and mechanical properties</td>
<td>C2C12 myoblasts</td>
<td>Cardiac</td>
<td>[73]</td>
<td></td>
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<tr>
<td>Aligned multi-walled CNTs</td>
<td>Reinforce and enhance electric conductivity</td>
<td>C2C12 muscle cells</td>
<td>Muscle</td>
<td>[72]</td>
<td></td>
</tr>
<tr>
<td>GO and MeGO</td>
<td>Reinforce GelMA hydrogel without affecting its rigidity</td>
<td>NIH-3T3 fibroblasts</td>
<td>Connective tissue</td>
<td>[74]</td>
<td></td>
</tr>
<tr>
<td>GO</td>
<td>Controlled gene delivery vectors in terms of rate and location</td>
<td>H9c2, HUVEC</td>
<td>Cardiac</td>
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<td>Inorganic Hydroxyapatite and titanium Minerals</td>
<td>Enhance osteointegration</td>
<td>No experiments with cells</td>
<td>Bone</td>
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<td>AGACA, PEGDA, minerals</td>
<td>Induce osteogenic differentiation</td>
<td>Human induced pluripotent stem cells</td>
<td>Bone</td>
<td>[79]</td>
<td></td>
</tr>
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<td>GPNs</td>
<td>Promote osteogenesis</td>
<td>Adipose-derived stem cells</td>
<td>Bone</td>
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<td>Silica hydrogel</td>
<td>Protect cells cultured on GelMA hydrogels</td>
<td>Cardiac side population</td>
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<td>Gelatin</td>
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<td>NIH-3T3 fibroblasts</td>
<td>Cartilage</td>
<td>[90]</td>
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<td>HA and chondroitin sulfate</td>
<td>Enhance chondrogenesis and mechanical properties</td>
<td>Human chondrocytes</td>
<td>Cartilage</td>
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<td>HA methacrylate</td>
<td>Tune physical properties</td>
<td>HUVEC</td>
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<td>Dextran glycolyl methacrylate</td>
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<td>NIH-3T3 fibroblasts</td>
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<td>Silk fibroin</td>
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<td>NIH-3T3 fibroblasts</td>
<td>Connective tissue</td>
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</tr>
<tr>
<td>PMNMGCL/PCL</td>
<td>Reinforce GelMA hydrogels</td>
<td>Healthy human cartilage</td>
<td>Cartilage</td>
<td>[99]</td>
<td></td>
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<td>PEG and hyaluronic acid</td>
<td>Regulate cell response for chondrogenesis</td>
<td>Dental pulp stem cells</td>
<td>Cartilage</td>
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<td>Methacrylate and l-lysine functionalized dextran</td>
<td>Mimic structure and function ECM by combining polyaspartic acid and protein components in the hydrogel</td>
<td>Human umbilical artery smooth muscle cells</td>
<td>Vascular</td>
<td>[19]</td>
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<td>NIH-3T3 fibroblasts</td>
<td>Connective tissue</td>
<td>[7]</td>
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<td>PEO/G</td>
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<td>Human osteoblast cells</td>
<td>Bone</td>
<td>[96]</td>
<td></td>
</tr>
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<td>Polyacrylamide</td>
<td>Enhance mechanical properties and degradation</td>
<td>L-929 cells</td>
<td>Connective tissue</td>
<td>[17]</td>
<td></td>
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<td>PEG</td>
<td>Offer to cells different micro-environments to induce controlled polarity in embryoid bodies</td>
<td>Embryoid bodies made from mouse embryonic stem cells</td>
<td>Embryonic cells (EA. Hy926)</td>
<td>Connective tissue</td>
<td>[47]</td>
</tr>
<tr>
<td>PEG</td>
<td>Reinforce GelMA hydrogels</td>
<td>Connective tissue</td>
<td>[94]</td>
<td></td>
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</table>
Fig. 3. Examples of GelMA-based hybrid hydrogels. (A) Schematic illustration of the preparation of GelMA–carbon nanotube (CNT) hybrids. GelMA coated CNTs are mixed with GelMA prepolymer and then cross-linked using UV to develop porous structures with improved mechanical and conductive productivities. Adapted from Shin et al. [87] with permission from The American Chemical Society, copyright 2013. (B) Scheme of the preparation of GelMA-MeGO hybrid. Red points indicate the photocrosslinkable methacryloyl substitution groups. Adapted from Cha et al. [74] with permission from Wiley, copyright 2014. (C) Cartoon illustration of the GelMA-gold nanoparticles (GNP) hybrid and representation of its application as scaffolds for bone regeneration. The addition of GNPs enhances bone recovery in an animal model. After 8 weeks, bone defects induced in rabbits recovered sooner when treated with GelMA hydrogels with 0.071 and 0.20 μg/mL of GNPs (Gel-GNP2 and Gel-GNP3 respectively) than with pristine GelMA hydrogels (Gel). Adapted from Heo et al. [78] with permission from The Royal Society of Chemistry, copyright 2014. (D) Cytoskeleton and nuclei staining (F-actin/DAPI) for HUVEC-laden HAMA-GelMA hybrid hydrogels in 3D. By changing the concentration of HAMA and GelMA, it is possible to fabricate hybrid hydrogels with different stiffness that allows for tunable cellular response. Cell spreading images are taken at day 7. Scale bars represent 100 μm. Adapted from Camci-Unal et al. [88] with permission from ACS publications, copyright 2013. (E) Hybrid construct made with GelMA added to a framework made with methacrylated poly(hydroxyethylglycolide-co-ε-caprolactone) and poly-ε-caprolactone. Adapted from Boere et al. [99] with permission from Elsevier, copyright 2014. (F) Embryoid bodies encapsulated in GelMA/PEG hybrid microgels. Adapted from Qi et al. [47] with permission from Wiley, copyright 2010.
that GelMA-GNP hydrogels promoted proliferation and differentiation of human adipose-derived stem cells (ADSCs) into osteoblast cells, as indicated by increased alkaline phosphatase (ALP) activity levels (up to 85% increase at day 14) and significantly increased expression of three genes related to bone differentiation, namely, bone sialoprotein (BSP), osteocalcin (OCN), and runt-related transcription factor 2 (RUNX2) [78].

GelMA-hydroxyapatite hybrids was also proposed as coatings for titanium (Ti) surfaces to improve the integration between titanium and bone implants [82]. In this application, the titanium surfaces were first hydroxylated by alkali treatment and then covalently coated with a GelMA film. Immersion of the GelMA-coated Ti constructs into a solution that mimics concentrated human plasma (2X) for three days induced mineralization and led to the formation of a hydroxyapatite-GelMA layer [82].

Recently, Xavier et al. reported the formation of GelMA-based hybrid hydrogels containing 2D nanosilicates [83]. The inorganic compositions, high anisotropy, and large surface area of the nanosilicates [84] enhanced the interactions between GelMA hydrogel and encapsulated cells. A four-fold increase in compressive modulus, as well as increased pore size (from 0.2–0.5 μm to 0.3–1.5 μm), was observed for the hybrid hydrogels when compared to pristine GelMA hydrogels. Moreover, the culture of preosteoblast NIH MC3T3 cells revealed that the hybrid hydrogels could promote osteogenesis even in the absence of osteoinductive growth factors in the media, as supported by a three-fold increase in ALP activity and a four-fold increase in mineralized matrix formation. These results suggested a promising growth-factor-free approach towards bone tissue engineering [83].

4.3. Hybrid hydrogels based on GelMA and other biopolymers

The fabrication and use of GelMA hybrids with other biopolymers have been explored for diverse purposes, including enhancing mechanical properties [85,86], tuning characteristics such as porosity, swelling ratio and degradability [86], or imparting a particular property such as electrical conductivity [71,87].

Preparation of hybrid hydrogels based on hyaluronic acid methacrylate (HAMA) and GelMA have received particular attention (Fig. 3D). Since HA and collagen are the major ECM components in most tissues (such as cardiovascular, cartilage, neural tissues), the GelMA-HAMA hybrid hydrogels would naturally be a promising candidate to closely mimic the ECM of native tissues. A recent characterization of the physical properties of GelMA-HAMA hybrids, including swelling ratio, degradation, mechanical properties, and in vitro cellular responses, revealed significantly improved mechanical properties when compared to the single component analogs. For instance, the compressive modulus of 5% GelMA hydrogels increased from 4 to 36 kPa when 2% HAMA was added. Similarly, the compressive modulus of 10% GelMA hydrogels was increased from 32 to 72 kPa by adding 2% HAMA [88].

Levett et al. also explored the hybrid hydrogels based on GelMA and HAMA, as well as chondroitin sulfate methacrylate (CSMA)-GelMA hybrids, for cartilage tissue engineering [85]. The authors encapsulated human chondrocytes in GelMA-HAMA and GelMA-CSMA hydrogels and observed that both materials were able to enhance chondrogenesis as evaluated by gene expression assays and immunofluorescence [85]. The addition of HAMA to GelMA constructs resulted in rounder cell morphologies and increased the quantity and distribution of the newly synthesized ECM throughout the construct. This exacerbated process of chondrogenesis increased the compressive modulus of the GelMA-HAMA and GelMA-CSMA constructs by 114 kPa after 8 weeks of culture, while the control GelMA constructs increased by 26 kPa during the same time period. Recently, a GelMA-HAMA composite hydrogel has been suggested as a system for studying the processes of differentiation of VIC; the use of this research platform can provide relevant information that would aid in understanding the pathobiology of valvular disease [89].

The construction of interpenetrating polymer network (IPN) composed of GelMA and silk fibroin (SF) has also been explored. Silk on its own is an attractive material for tissue engineering applications because of its easy processing and high mechanical strength. Xiao et al. synthesized and characterized GelMA-SF IPN hydrogels by a simple two-step process consisting of a photocrosslinking reaction of the mixture of GelMA and silk fibroin under UV light, and a subsequent treatment with a 70% methanol solution to promote crystallization of silk fibroin within the hydrogels [31]. The resulting hybrids were characterized in terms of their mechanical properties, swelling ratio, biodegradability, and potential use as 3D scaffolds.

The use of GelMA as a component of a dual-interpenetrated polymer network (DN) has also been reported. For example, Shin et al. developed high strength DN hydrogels (with a compressive modulus up to ~90 kPa and compressive failure stress up to ~6.9 MPa) capable of encapsulating cells (NIH−3T3 fibroblasts) by a two-step photocrosslinking process using two modified bio-macromolecules: gelatin gum methacrylate (GGM) and GelMA [90]. A viability assessment of NIH−3T3 cells cultured on the engineered materials (82% and 71% at day 0 and 3, respectively) demonstrated that the entire process of DN network formation was cell-friendly and could potentially be used to produce scaffolds that closely mimic the mechanical properties of tissues such as cartilage or tendons [90].

The addition of a second crosslinkable biopolymer component to GelMA would expand its potential applications by improving the mechanical properties of pristine GelMA hydrogels as well as by adding new functionalities. For example, Bae et al. observed that cells encapsulated in pullulan methacylate (PullMA) hydrogels did not elongate but organized into clusters with tunable cluster sizes controlled by hydrogel compositions (i.e., by different mixing ratios) [91]. These data suggest that GelMA-PullMA hydrogels are potentially useful for fabricating cell-responsive microenvironments (micro-tissues) for applications that favor controlled cell clustering and/or localized proliferation. Other GelMA-containing dual-biopolymer network composites reported to date include GelMA with dextran glycidyl methacrylate (DexMA). GelMA-DexMAs composites with a high degree of substitution show a lower swelling ratio (~25% lower) and a higher compressive modulus (~4.7 fold higher) than their GelMA counterparts [86]. Furthermore, Liu et al. demonstrated that hydrogels made from mixtures of DexMA (functionalized with lysine) and GelMA exhibit promising properties for use in vascular tissue engineering [19]. These authors tuned the shear storage modulus in the range of ca. 900–6000 Pa by: (1) controlling the degree of MA and lysine substitution in the biopolymers, and (2) changing the DexMA/GelMA mass ratio in the hybrid hydrogel. Artery smooth muscle cells encapsulated in hybrid hydrogels with a shear storage modulus in the range of 898–3124 Pa were able to proliferate, spread, and form vascular networks [19].

In yet another example of the versatility and diversity of GelMA hybrids, Li et al. presented a technique to micropattern GelMA hydrogels using a collagen mimetic peptide (CMP) that contains photo-labile nitrobenzyl groups [92]. CMP attached to the gelatin chains in GelMA by non-covalent affinity, and could be further photocrosslinked within the pre-existing GelMA matrix, thereby providing a flexible tool for the creation of micro-patterns in GelMA hydrogels.

In a recent contribution, Visser et al. fabricated GelMA hydrogels loaded with embedded equine cartilage-derived matrix (CDM)
particles [93]. They demonstrated that this addition of CDM particles to GelMA significantly stimulated the formation of a cartilage template by mesenchymal stem cells (MSCs) in a GelMA hydrogel-based MSC culture system.

The fact that the native ECM is by itself a highly heterogeneous environment composed of numerous components further justifies the idea of developing hybrid hydrogels including more than one biopolymer. The combination of GelMA with other natural polymers offers additional dimensions for tuning the properties of hybrid hydrogels towards ECM-mimicking scaffolds. Future studies might focus on optimizing the compositions of GelMA-based hybrid hydrogel systems to meet the requirements of specific tissue engineering applications.

### 4.4. Hybrid hydrogels based on GelMA and synthetic polymers

Several authors have reported the synthesis and characterization of hybrid hydrogels based on synthetic polymers and GelMA [6,7,94–96]. For example, Hutson et al. reported the preparation of hybrid hydrogels composed of GelMA (up to 15% w/v) and PEG (up to 10% w/v) [7]. The combination of GelMA and photocrosslinkable PEG derivatives provided hybrid hydrogels with tunable physical and mechanical properties. Adding GelMA (5–15% w/v) to PEG (5 and 10% w/v) proportionally increased fibroblast surface binding affinity and spreading, when compared to pure PEG hydrogels [7]. For instance Hutson et al. observed that the area coverage of fibroblasts cultured on PEG hydrogel surfaces was less than 1% after 6 h of culture. In contrast, fibroblasts growing on 10% GelMA-10%PEG covered more than 10% of the area of culture within the same time period. Encapsulated fibroblasts in the GelMA-PEG hybrid hydrogels could form 3D cellular networks after culturing for 7 days, which was not observed in pure PEG hydrogels [7].

In another study, Qi et al. exploited the differences between GelMA and PEG to control the bipolar environments that dictated cell growth. They combined micromolding and photomasking techniques to spatially organize 3D hybrid hydrogel arrays based on GelMA and PEG derivatives (Fig. 3F) [47]. EBs derived from mouse embryonic stem cells (ESC) exhibited polarized developments with patterned vasogenic differentiation. Importantly, the polarized differentiation of each EB in the engineered bipolar ECM was associated with potential cellular interactions between the different portions of the EBs exposed to different microenvironments [47].

Nanopatterned hybrid scaffolds, based on GelMA, HA, and PEG dimethacrylate, were studied by Nemeth et al. [97] with the aim of inducing chondrogenesis from dental pulp stem cells (DPSCs). Morphological observations, together with gene and protein expression analysis, showed that both nanopatterning and the addition of HA component drove DPSCs to undergo chondrogenic differentiation.

Similarly, Pedrón et al. used PEG-GelMA-HAMA hydrogels as a model matrix to mimic the gliala in order to study human glioblastoma multiforme (hGBM), the most common and aggressive form of brain cancer [98]. In another study, Serafin et al. characterized a family of hybrid hydrogels made from GelMA and poly(acrylamide) (PAA) by a simple “one-pot” synthesis using photopolymerization [17]. The authors presented a correlation between composition and hybrid PAA-GelMA properties relevant to tissue culture and drug delivery applications, such as swelling, mechanical properties, porosity of the resulting collagen vascularized PAA-GelMA network, and biodegradability [17].

Boere et al. reported a fairly elaborated process to prepare novel hybrid materials by grafting poly-methacrylated-poly[(hydroxymethylglycolide-co-ε-caprolactone)-poly(ε-caprolactone) (pMHMGCL-PCL)] to the surface of GelMA hydrogels (Fig. 3E) [99]. The covalent bonding between these two materials (modified PCL and GelMA) yielded an improved resistance to repeated axial and rotational forces at the interface. Human chondrocytes embedded within the constructs were able to form cartilage-specific matrix in vitro, as suggested by immunostaining results, after six weeks of culture. Remarkably, the implantation of these constructs in rats resulted in extensive deposition of collagen II, including deposition at the interface between the implant and the native tissues [99].

Specific high-end applications require materials with specific characteristics. In these cases, hybrid hydrogels based on the polymer and GelMA mixtures of greater complexity have been tested. For example, in the context of heart valve engineering, materials have to tolerate the dynamical stresses of the heart valve microenvironment. To obtain hybrid scaffolds with enhanced mechanical properties, electrospun poly(glycerol sebacate) (PGS)/poly(ε-caprolactone) (PCL) microfiber scaffolds were integrated within a hybrid hydrogel made from HAMA-GelMA [100]. Sheep mitral VICS were encapsulated in this hybrid hydrogel. The 3D distribution of the cells was more homogeneous than those found in pristine GelMA hydrogels or microfiber scaffolds without GelMA. Compared to electrospun fibers or hydrogel scaffolds alone, the hybrid system offered a suitable 3D matrix for heart valve tissue engineering.

Current controlled polymerization techniques and the diverse nature of available synthetic polymers provide unlimited opportunities to achieve desired properties in hybrid hydrogels by combining GelMA and other synthetic polymers. More importantly, the mixing of synthetic polymers and GelMA can take place at the molecular level by directly mixing them as the prepolymer solution, or at the supramolecular level by incorporating engineered synthetic polymer assemblies into the GelMA hydrogel matrix, such as the microfibers embedded in GelMA hydrogel as reinforcement fillers [100]. These possibilities further expand the future applications of hybrid GelMA hydrogels in biomedical field.

### 5. Biomedical applications of GelMA hydrogels

#### 5.1. Tissue engineering

In general, GelMA possesses many relevant characteristics to serve as tissue engineering scaffolds. GelMA-based hydrogels are biocompatible, biodegradable, non-cytotoxic, and non-immunogenic. GelMA is also a versatile biomaterial with tunable physicochemical properties, promising remarkable compatibility for a wide spectrum of applications. In addition, the photocrosslinkable feature of GelMA enables flexibility for micro-engineering by different microfabrication methods as explained previously [1]. It has been shown that different cells adhere to and grow on the surface of GelMA substrates, and can be encapsulated within the GelMA hydrogel matrices with excellent viability [6,29]. As a result, the versatility of GelMA hydrogels to address the specific tissue engineering demands (Fig. 4) and to produce tissues for clinical, diagnostic, or pharmaceutical research purposes have been intensively explored.

Aubin et al. grew different types of cells on micropatterned GelMA hydrogels to form different tissues: HUVECs for vascularization, rodent myoblasts (C2C12) for skeletal muscle, cardiac side population cells (CSPs) for myocardial tissue, and NIH 3T3 fibroblasts as a generic model [28]. They demonstrated cells could proliferate, align, and elongate on GelMA by following the guidance of the micropatterned hydrogel architectures. This type of growth is especially desirable for vascular, muscle, and cardiac tissues since their functionality is greatly related to their ability to form aligned fibers responsive to mechanical or even electrical stimuli. Since then, micropatterned GelMA hydrogels have been widely used to
tune the cellular microenvironment and control the cellular behaviors for tissue engineering studies [6,8,28,51].

The development of vascular networks is an important aim in tissue engineering. Vascularization is the key requirement for the engineering of functional 3D tissues such as heart, liver, kidney, and bone, since it provides the surrounding engineered tissues with nutrients and oxygen, and facilitates the removal of metabolic byproducts [9,63]. GelMA hydrogels have been successfully used in several studies for the development of vascular networks in 3D environments. For instance, Nikkhah et al. produced endothelial cord structures with a circular cross-section using micropatterned GelMA constructs (Fig. 5A) [8]. They produced GelMA constructs with different heights (50, 100, and 150 μM) and found that geometry has an important effect on the cellular behaviors to form organized and stable cord structures over different culture times. Constructs with 100 μM in height provided the optimal microenvironment to produce endothelial cord structures [8].

Chen et al. [9] and Lin et al. [13] demonstrated the use of GelMA hydrogels containing endothelial colony-forming cells (ECFCs) and MSCs as scaffolds for vascular morphogenesis in vitro and in vivo. Both studies reported the formation of vascular networks with functional anastomoses integrated to the mouse vasculature. Lin et al. directly injected GelMA prepyrolymer solutions loaded with ECFCs and MSCs into mice, and polymerized the gel in situ by transdermal exposure to UV light [13]. After 7 days, they explanted the GelMA hydrogels and observed formation of stable and interconnected vasculature uniformly distributed within the scaffold (Fig. 5B) [13]. Recently, our group has shown that bioprinted GelMA hydrogels provided a favorable microenvironment for HUVECs to form a confluent monolayer, and for MC3T3 cells to differentiate into osteogenic cells [12]. In these studies, fine control of the microarchitecture is a valuable tool for the production of vascularized 3D tissues.

Engineering of cardiac constructs using GelMA-based hydrogels has also been reported. Different strategies have been employed to tune relevant hydrogel properties for cardiovascular tissues such as mechanical properties, electrical conductivity, and cell alignment. For instance, engineered cardiac patches made from GelMA-CNT hydrogels could form 3D roll-shaped actuators that beat under the action of a periodic electrical stimulus, and even displaced autonomously in response to the frequency (Fig. 5C) [71].

GelMA hydrogels, along with microfluidics, have also been used to develop and study cardiovascular-like tissues [11,60]. GelMA hydrogels provide a benign microenvironment for the cells to bind and proliferate, while the microfluidic devices provide conditions that mimic the natural vascular environment in terms of a continuous supply of medium and a fluid shear stress effect on the cells. For instance, Annabi et al. found that CMs showed cellular alignment within the microchannels coated with GelMA hydrogels, driven by the flow direction. The CMs were able to create cardiac...
fiber-like tissues and developed the capability for spontaneous beating [60]. Chen et al. used a different microfluidic setting and found that shear stress induced by the medium flow had a significant effect on cell–cell interactions. The combined effect of the presence of the valvular endothelial cells and the shear stress induced by the flow hindered the pathological differentiation of VICs into α-smooth muscle actin-positive myofibroblast [11].

Progresses have been made in the development of GelMA based scaffolds for regeneration of load-bearing tissues such as skeletal muscle, bone, and cartilage. An important challenge in designing scaffolds for these types of tissues is to achieve a set of mechanical properties that closely mimic those observed in native tissues. As discussed in previous sections, several successful strategies have been reported to reinforce GelMA by combining it with other components such as CNTs, GO, inorganic nanoparticles, other bio-polymers, and synthetic polymers.

Mineralization is a particularly important property for bone tissue engineering and is needed to promote osteo-conduction. Recent reports demonstrated promising applications of GelMA hydrogels for the fabrication of functional bone scaffolds (Fig. 5E) [78,81,82]. Zuo et al. also used GelMA hydrogels to build multiple-compartment, osteon-like structures with interconnected channels, aiming to resemble the haversian canal in native bone tissues. In vitro tests showed that human osteosarcoma cells (MG63) and HUVEC cells, growing in different compartments of the constructs, expressed osteogenic and vasculogenic genes, respectively [101]. Heo et al. reported the use of a hybrid material based on GelMA and GNP’s to regenerate bone tissues [78].

GelMA hydrogels, and particularly hybrid hydrogels based on GelMA, have been studied as promising materials for cartilage tissue engineering. For example, Klein’s group explored the use of GelMA-HA scaffolds to repair cartilage tissues (Fig. 3F) [15,85,102]. Interestingly, addition of HA derivatives changed the morphology of the chondrocytes and promoted chondrogenesis and the synthesis of ECM components (collagen type I and II and fibronectin) within the GelMA-HA scaffold [85]. A recent paper by Visser et al. showed that the reinforcement of GelMA hydrogels using 3D-printed microfibers (by a technique referred as melt electro-spinning writing) produced gel-scaffold composites with a synergistically enhanced stiffness and elasticity similar to that of cartilage tissue [103].

Liver has a particular microarchitecture consisting of hexagonal units (lobules) assembled together. Zamanian et al. aimed to mimic this structure to engineer fully functional tissues and developed a method to fabricate cell-laden microgels that were capable of self-assembly into tissue-like structures by geometric control [53]. The use of GelMA microgels coupled with this assembling method confirmed that HepG2 cells co-cultured with 3T3 fibroblasts were able to interact at the border of the microgels (Fig. 5D). This effect could be mainly attributed to the cell-responsive nature of GelMA, since it allows cell elongation and migration. The ability for finely control of the microarchitecture of the scaffold and the feasibility
for co-culturing cells in individual but communicating compartments open up great possibilities in the engineering of fully functional tissues.

GelMA hydrogels are also promising materials for engineering skin. In a recent contribution, Zhao et al. have shown that GelMA scaffolds can support the growth, differentiation, and stratification of keratinocytes into a functional multilayered epidermis-type tissue [104]. These results suggest that keratinocyte-laden GelMA hydrogels can be used in various epidermal tissue engineering applications, including wound dressing applications, to fabricate epidermal substitutes. They will also be useful as substrates for the construction of various in vitro skin models.

5.2. Other applications of GelMA hydrogel

The versatility of GelMA hydrogels allows for many interesting applications, other than those directly related to tissue engineering. For instance, GelMA hydrogels have been recently used as an alternative 3D culture system for cancer cells. Kaemmerer et al. reported that human epithelial ovarian cancer cells encapsulated in GelMA hydrogels showed high level metabolic rates and spheroid formation [16]. Control experiments with inhibition of MMPs revealed the role of MMP-sensitive sites in the promotion of cancer cell proliferation. Moreover, the in vitro cultured cancer cell spheroids demonstrated in vivo activity towards tumor development and formation in a mice model, which could be suppressed by anti-cancer drug treatment. The authors suggested that GelMA hydrogels could offer a cost-efficient system for 3D cancer cell culture [16].

Controlled drug release is another area where the use of GelMA hydrogels has been explored. A recent paper by Serafin et al. described the evaluation of a family of GelMA-polyacrylamide (PAA) hybrid hydrogels as a matrix for the controlled release of a model drug, sodium nafcillin monohydrate, a ß-lactam antibiotic frequently prescribed against staphylococci [17]. The authors demonstrated the possibility of tuning the release profile of the antibiotic by varying the composition of the hybrid (i.e., increasing the fraction of PAA). While pristine GelMA hydrogels released only 50% of the antibiotic in 10 h, PAA-GelMA hybrids (1.6:1) released 95% of it in the same period of time. Another use of GelMA hydrogels in controlled release applications was introduced by Jeon et al., who dispersed drug-laden GelMA hydrogel droplets into an hMSC-laden bulk matrix composed of oxidized methacrylated alginate (OMA) [105]. This work offers proof-of-principle for sustained molecule delivery to encapsulated cells for different biomedical applications, such as immunomodulation and stem cell therapeutic applications, among others.

Other strategies have been devised to achieve a precise drug control release using GelMA hydrogel. For example, dielectrophoresis (DEP) techniques can be used to engineer accurate 3D concentration gradients of micro and nanoparticles loaded with drugs (or other compounds) in GelMA hydrogels (Fig. 6A) [77]. The nanoparticle concentration gradient and the degree of crosslinking of the hydrogels offer the possibility of customizing programmed release profiles. Alternatively, cell-laden GelMA hydrogels engineered with 3D gradients can be used as research tools to study the effect of chemical gradients in cell systems. Recently, the use of a cell-laden GelMA microarray system for the massive screening of proper osteogenic differentiation conditions of MSCs was demonstrated [106].

GelMA hydrogels can also be used, if properly functionalized, for non-viral gene delivery applications. For example, GelMA hydrogels loaded with GO nanosheets functionalized with PEI were used as effective vehicles for transfection of endothelial cells and myocardial tissues in a rat model [75]. GelMA has also found application niches in fundamental research. For example, it has been used to devise chips for the capture, culture, and study of a single neuron (Fig. 6B) [40] and to build 3D microfluidic systems (or components of them) for cell culture applications [38,107]. Recently, Topkaya et al. used GelMA hydrogels to fabricate a proof-of-principle electrochemical sensor for DNA hybridization (Fig. 6C) [108].

Fig. 6. Examples of applications of GelMA hydrogels other than in tissue engineering. (A) A gradient system made with GelMA hydrogels using dielectrophoresis. (i) Example of a device with four different zones of gradients; (ii) representation of a method to evaluate the viability of cells (C2C12 myoblasts) when cultured on GelMA gradient hydrogels containing a drug (6-hydroxydopamine: 6-OHDA) immobilized on gold microparticles. Adapted from Ahadian et al. [77] with permission from Elsevier, copyright 2014. (B) GelMA hydrogel ring as a device for the capture, culture, and study of a single neuron cell. (i) Calcein-AM/DAPI stained image and (ii) merged image of the single neuron cell encapsulated in the assembled GelMA hydrogel loop (scale bar: 150 μm). Adapted from Fan et al. [40] with permission from The Royal Society of Chemistry, copyright 2012. (C) Illustration of the use of GelMA in an electrochemical biosensor to detect DNA hybridization. Adapted from Topkaya et al. [108] with permission from Elsevier, copyright 2015.
6. Conclusions and outlook

We have reviewed several important aspects of GelMA-based hydrogel systems for biomedical applications. GelMA is developed from a natural polymer gelatin via one-step chemical modification. The introduction of photocrosslinkable methacryloyl substitution groups enables convenient and fast gelation upon exposure to light irradiation at the presence of photoinitiators. Many physical parameters of GelMA hydrogels, such as mechanical properties, pore sizes, degradation rates, and swell ratio can be readily tailored by changing the degree of methacryloyl substitution, concentration of the GelMA prepolymer, initiator concentration, and UV exposure time. Moreover, the resulting GelMA hydrogels retain the excellent biocompatibility and bioactivity of gelatin, such as promoting adhesion, spreading, and proliferation of various cell lines, due to the existence of cell adhesive RGD motifs and MMP-degradable amino acid sequences. Notably, this photo-crosslinked hydrogel system is capable of enabling the construction of engineered cell-and MMP-degradable 3D architectures. The system can serve as a platform for tissue engineering and regenerative medicine. Another important field is to design hybrid hydrogels by mixing GelMA with other materials, such as inorganic particles, carbon nanomaterials, bio-polymers, and synthetic polymers. This approach could generate hybrid materials that combine the advantageous properties of the other components, such as superior mechanical properties and conductivity, with the bioactivity of GelMA. GelMA based biomaterials will continue to serve as promising candidates in many other biomedical applications that remain to be explored.

In the near future, novel microfabrication techniques will further expand the spectrum of applications of GelMA based scaffolds. Challenges remain at both extremes of the length-scales that are relevant to tissue engineering. The facsimile fabrication of hollow micro-capillaries remains to be fully addressed. The engineering of functional microstructures is critical to the design and applications of hydrogels in regenerative medicine, Adv. Mater. 26 (2014) 85–124.


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