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**Abstract:** The cellular microenvironment plays an integral role in improving the function of microengineered tissues. Control of the microarchitecture in engineered tissues can be achieved through photopatterning of cell-laden hydrogels. However, despite high pattern fidelity of photopolymerizable hydrogels, many such materials are not cell-responsive and have limited biodegradability. Here we demonstrate gelatin methacrylate (GelMA) as an inexpensive, cell-responsive hydrogel platform for creating cell-laden microtissues and microfluidic devices. Cells readily bound to, proliferated, elongated and migrated both when seeded on micropatterned GelMA substrates as well as when encapsulated in microfabricated GelMA hydrogels. The hydration and mechanical properties of GelMA were demonstrated to be tunable for various applications through modification to the methacrylation degree and gel concentration. Pattern fidelity and resolution of GelMA was high and it could be patterned to create perfusable microfluidic channels. Furthermore, GelMA micropatterns could be used to create cellular micropatterns for in vitro cell studies or 3D microtissue fabrication. These data suggest that GelMA hydrogels could be useful for creating complex, cell-responsive microtissues, such as endothelialized microvasculature, or for other applications that requires cell-responsive microengineered hydrogels.

## MANDATORY AUTHOR DECLARATION

We the undersigned declare that this manuscript is original, has not been published before and is not currently being considered for publication elsewhere.

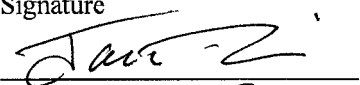
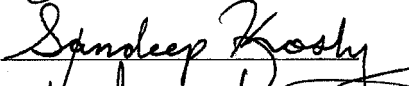
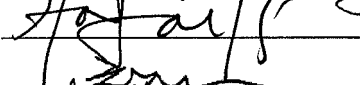
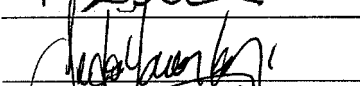


We wish to confirm that there are no known conflicts of interest associated with this publication and there has been no significant financial support for this work that could have influenced its outcome.

We confirm that the manuscript has been read and approved by all named authors and that there are no other persons who satisfied the criteria for authorship but are not listed. We further confirm that the order of authors listed in the manuscript has been approved by all of us.

We confirm that we have given due consideration to the protection of intellectual property associated with this work and that there are no impediments to publication, including the timing of publication, with respect to intellectual property. In so doing we confirm that we have followed the regulations of our institutions concerning intellectual property.

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*Assistant Professor of Medicine and Health  
Sciences and Technology*

D.F. Williams  
Editor In Chief, Biomaterials  
1 Sheffield Place  
Winston-Salem NC 27104

January 19, 2010

Dear Dr. Williams:

We are privileged to submit the following research paper entitled "**Cell-laden microengineered gelatin methacrylate hydrogels**" for your consideration for publication in *Biomaterials*.

In this manuscript, we propose the use of methacrylate gelatin (GelMA) as a material for applications in micropatterning and microfluidics. We believe that GelMA could be a cell responsive alternative to synthetic hydrogels in a number of engineered tissue systems to synthesize microengineered hydrogels for tissue engineering and cell culture applications.

The unique properties highlighted in this report demonstrate GelMA as an attractive material for creating cell-laden microtissues. GelMA was easily patterned down to 100  $\mu\text{m}$  resolution and cells readily adhered to, migrated within, degraded, proliferated, and organized both in 2D and 3D micropatterns suggesting that it could be used for many microscale applications such as for creating endothelial-lined vasculature within engineered tissues. We also demonstrate how slight adjustments in the synthesis process can be used to tune the mechanical and swelling properties as needed for the desired application.

We believe this work would be of interest to many readers of *Biomaterials*, especially those working in tissue engineering, micropatterning and microfluidics applications. We have suggested a list of potential referees who are experts in these areas for your consideration.

Sincerely,

Ali Khademhosseini, Ph.D.

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# Cell-laden microengineered gelatin methacrylate hydrogels

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5 **Abstract**  
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8 The cellular microenvironment plays an integral role in improving the function of  
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10 microengineered tissues. Control of the microarchitecture in engineered tissues can be  
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12 achieved through photopatterning of cell-laden hydrogels. However, despite high  
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14 pattern fidelity of photopolymerizable hydrogels, many such materials are not cell-  
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16 responsive and have limited biodegradability. Here we demonstrate gelatin  
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18 methacrylate (GelMA) as an inexpensive, cell-responsive hydrogel platform for creating  
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20 cell-laden microtissues and microfluidic devices. Cells readily bound to, proliferated,  
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22 elongated and migrated both when seeded on micropatterned GelMA substrates as well  
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24 as when encapsulated in microfabricated GelMA hydrogels. The hydration and  
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26 mechanical properties of GelMA were demonstrated to be tunable for various  
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28 applications through modification to the methacrylation degree and gel concentration.  
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30 Pattern fidelity and resolution of GelMA was high and it could be patterned to create  
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32 perfusable microfluidic channels. Furthermore, GelMA micropatterns could be used to  
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34 create cellular micropatterns for in vitro cell studies or 3D microtissue fabrication. These  
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36 data suggest that GelMA hydrogels could be useful for creating complex, cell-  
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38 responsive microtissues, such as endothelialized microvasculature, or for other  
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40 applications that requires cell-responsive microengineered hydrogels.  
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54 **Keywords :** tissue engineering, hydrogel, gelatin, photopolymerisation, micropatterning  
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## Introduction

The cellular microenvironment plays a critical role in controlling cell behavior and function [1]. Recent work has been directed towards controlling the microenvironment to investigate morphologically mediated cell behaviors such as cell shape [2, 3] cell-cell contacts, and signaling [4, 5]. As specific microarchitectural features of the cell niche and the micromechanical environment have been demonstrated to be vital to controlling cell differentiation [6-9], researchers have sought biocompatible materials with improved biological, chemical and mechanical properties.

The emerging field of microscale tissue engineering [1, 10] investigates incorporating precise control over cellular microenvironmental factors, such as microarchitecture, in engineered tissues with the ultimate goal of directing cell and tissue function. In many tissues, such as the lobule of the liver [11], cells exist in complex, functional units with specific cell-cell and cell-extracellular matrix (ECM) arrangements that are repeated throughout the tissue. Therefore, creation and characterization of these functional units may be beneficial in engineering tissues. Tissue modules [12] can be made to generate macroscale tissues from microscale functional units made of cell-seeded [13, 14] or cell-laden [11, 15-17] hydrogels. Typically, creation of these microscale hydrogels, or microgels, is achieved by using micromolding [18] or photopatterning [15] techniques yielding cell-laden constructs with specific microarchitectural features matching the desired tissue. For these applications it is vital not only to match the morphology of the functional units, but also the cellular arrangement making control of hydrogel properties, such as mechanical stiffness, cell binding and migration, critical to proper cellular function and tissue morphogenesis.

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5 Many successful applications of microscale tissue engineering have  
6 demonstrated tight control of co-culture conditions and cell-cell interactions [11, 15].  
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8 However, many of the currently available hydrogels suffer from poor mechanical  
9 properties, cell binding and viability or the inability to control the microarchitecture.  
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11 Native ECM molecules, such as collagen, can be used to create cell-laden microgels,  
12 however the ability to create lasting micropatterns is limited typically due to insufficient  
13 mechanical robustness. Conversely, while some hydrogels, such as polyethylene glycol  
14 (PEG) [15, 17] or hyaluronic acid (HA) [17, 19], can have stronger mechanical  
15 properties and excellent encapsulated cell viability, cells typically cannot bind to, nor  
16 significantly degrade these materials. This lack of cell responsive features greatly limits  
17 the ability of the cells to proliferate, elongate, migrate and organize into higher order  
18 structures. Addition of the binding sequence Arg-Gly-Asp (RGD) [20-22], or  
19 incorporating interpenetrating networks of ECM components [19], has been shown to  
20 improve cell binding and spreading, however, without the ability for cells to degrade the  
21 hydrogel, cell movement and organization in 3D could be limited. New formulations of  
22 PEG, containing incorporated RGD and matrix metalloproteinase (MMP)-sensitive  
23 degradation sequences [23-26], have shown great promise in a variety of applications,  
24 however they have not been widely used in microscale tissue engineering.  
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49 Gelatin methacrylate (GelMA) is a photopolymerizable hydrogel comprised of  
50 modified natural ECM components [27], making it a potentially attractive material for  
51 tissue engineering applications. Gelatin is inexpensive, denatured collagen that can be  
52 derived from a variety of sources, while retaining natural cell binding motifs, such as  
53 RGD, as well as MMP-sensitive degradation sites [28, 29]. Addition of methacrylate  
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5 groups to the amine-containing side groups of gelatin can be used to make it light  
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7 polymerizable into a hydrogel that is stable at 37 °C. Long-term cell viability, and limited  
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9 encapsulated cell elongation, have been demonstrated [30], however many key physical  
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11 and cell-responsive properties of GelMA are not well studied. In addition, GelMA has  
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13 not been used in microscale applications making its suitability for this purpose  
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15 uncertain.  
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20 We hypothesized that as a light polymerizable hydrogel based on collagen  
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22 motifs, GelMA could successfully be micropatterned into a variety of shapes and  
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24 configurations for tissue engineering and microfluidic applications, while retaining its  
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26 high encapsulated cell viability and cell-responsive elements (binding, degradation). In  
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28 this report we demonstrate that GelMA can be used to control cell surface binding, 3D  
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30 cell binding, elongation and migration within microgels. In addition, we demonstrate that  
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32 cell-laden GelMA can be made into perfusable microchannels, seeded with endothelial  
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34 cells, for applications in creating perfusable engineered tissues.  
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## 42 **Materials and Methods**

### 43 *Materials*

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45 Polyethylene glycol diacrylate (PEGDA), gelatin (Type A, 300 bloom from porcine  
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47 skin), methacrylic anhydride (MA) and 3-(trimethoxysilyl)propyl methacrylate (TMSPMA)  
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49 were purchased from Sigma-Aldrich (Wisconsin, USA). Glass slides and coverslips  
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51 were purchased from Fisher Scientific (Philadelphia, USA). Printed photomasks were  
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53 purchased from CADart (Washington, USA), while the UV light source used (Omnicure  
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55 S2000) was manufactured at EXFO Photonic Solutions Inc. (Ontario, Canada). Spacer  
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5 thickness was measured with electronic digital micrometer calipers (Marathon Watch  
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7 Company Ltd, Ontario, Canada).  
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### 10 11 12 *Methacrylated gelatin synthesis* 13 14

15 Methacrylated gelatin was synthesized as described previously [27, 30]. Briefly,  
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17 type A porcine skin gelatin (Bloom index 300, Sigma) was mixed at 10% (w/v) into  
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19 Dulbecco's phosphate buffered saline (DPBS; GIBCO) at 60°C and stirred until fully  
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21 dissolved. Methacrylic anhydride (Sigma) was added until the target methacrylic  
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23 anhydride volume was reached at a rate of 0.5 mL/min to the gelatin solution under  
24  
25 stirred conditions at 50 °C and allowed to react for 1 h. The fraction of lysine groups  
26  
27 reacted was modified by varying the amount of methacrylic anhydride present in the  
28  
29 initial reaction mixture. Following a 5X dilution with additional warm (40 °C) DPBS to  
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31 stop the reaction, the mixture was dialyzed against distilled water using 12-14 kDa  
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33 cutoff dialysis tubing for 1 week at 40 °C to remove salts and methacrylic acid. The  
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35 solution was lyophilized for 1 week to generate a white porous foam and stored at -80  
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37 °C until further use.  
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### 45 46 47 *<sup>1</sup>H NMR* 48

49 The degree of methacrylation was quantified by using the Habeeb method [31]  
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51 and <sup>1</sup>H-NMR from a method previously described for methacrylate modified collagen  
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53 [32]. The composition of acid treated porcine skin gelatin used for analysis of <sup>1</sup>H-NMR  
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55 data was acquired from previously published data [33]. <sup>1</sup>H-NMR spectra were collected  
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57 at 35 °C in deuterium oxide (Sigma) at a frequency of 500 MHz using a Varian INOVA  
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5 NMR spectrometer with a single axis gradient inverse probe. Three spectra were  
6 collected from each sample. Solvent presaturation was employed to suppress the large  
7 HOD signal. Phase correction was applied to obtain purely absorptive peaks. Baseline  
8 correction was applied before obtaining the areas (integrals) of the peaks of interest.  
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### 10 11 12 13 14 15 16 17 *Hydrogel preparation and characterization*

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20 Freeze dried GelMA macromer was mixed into DPBS containing 0.5% (w/v) 2-  
21 hydroxy-1-(4-(hydroxyethoxy) phenyl)-2-methyl-1-propanone (Irgacure 2959, CIBA  
22 Chemicals) as a photoinitiator at 80 °C until fully dissolved.  
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### 29 30 *Mechanical testing*

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32 Two hundred microliters of prepolymer was pipetted between two glass  
33 coverslips separated by a 750  $\mu\text{m}$  spacer and exposed to 6.9  $\text{mW}/\text{cm}^2$  UV light (360-  
34 480 nm) for 60 s. Samples were detached from the slide and incubated free floating at  
35 37 °C in DPBS for 24 h. Immediately prior to testing, an 8 mm disc was punched from  
36 each swollen hydrogel sheet using a biopsy punch. The disc was blotted lightly with a  
37 KimWipe and tested at a rate of 20% strain/min on an Instron 5542 mechanical tester.  
38 The compressive modulus was determined as the slope of the linear region  
39 corresponding with 0-5% strain.  
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### 51 52 53 54 *Hydrogel analysis*

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56 Polymerization was performed as described for mechanical testing. Immediately  
57 following hydrogel formation, an 8 mm radius disc of each composition was punched  
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5 from a flat thin sheet and placed in DPBS at 37 °C for 24 h. Discs were removed from  
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7 DPBS and blotted with a KimWipe to remove the residual liquid and the swollen weight  
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9 was recorded. Samples were then lyophilized and weighed once more to determine the  
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11 dry weight of polymer. The mass swelling ratio was then calculated as the ratio of wet  
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13 mass to the mass of dry polymer.  
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### 20 *Cell culture*

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22           Immortalized human umbilical vein endothelial cells (HUVEC; a generous gift  
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24 from Dr. J. Folkman, Children’s Hospital, Boston) constitutively expressing green  
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26 fluorescent protein (GFP) were maintained in endothelial basal medium (EBM-2; Lonza)  
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28 and supplemented with endothelial growth BulletKit (Lonza) in a 5% CO<sub>2</sub> atmosphere at  
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30 37 °C. Cells were passaged approximately 2 times per week and media was exchanged  
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32 every 2 days. NIH 3T3 fibroblasts were maintained in DMEM supplemented with 10%  
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34 FBS and passaged 2 times per week.  
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### 41 *Cell Adhesion*

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43           For cell adhesion studies, square hydrogel sheets (1cm (w) x 1cm (l) x 750 μm  
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45 (h)) were prepared in a similar manner as that used for mechanical testing onto 3-  
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47 (trimethoxysilyl)propyl methacrylate (TMSPMA) coated glass slides. Slides were  
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49 covered with a HUVEC suspension containing 2.5x10<sup>5</sup> cells/mL to a depth of  
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51 approximately 1 mm above the surface of the GelMA hydrogel and incubated for 12 h  
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53 prior to washing twice with DPBS. Media was changed every 12 h for 5 days. GFP  
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55 fluorescence was visualized using an inverted fluorescence microscope (Nikon TE  
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5 2000-U) equipped with a GFP filter cube. GFP images were used to quantify total cell  
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7 area using NIH ImageJ software. After 5 days, cells were fixed and stained with  
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9 rhodamine-phalloidin (Invitrogen) and DAPI to visualize F-actin filaments and cell nuclei  
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11 respectively. Total cell number was quantified using ImageJ by counting DAPI stained  
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13 nuclei.  
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### 20 *Cell encapsulation*

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22 NIH 3T3 fibroblasts were trypsinized and resuspended in GelMA prepolymer  
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24 containing 0.5 wt% photoinitiator at a concentration of  $5 \times 10^6$  cells/mL. Microgel units  
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26 (500  $\mu\text{m}$  x 300  $\mu\text{m}$ ) were fabricated as previously described [15] following exposure to  
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28 6.9  $\text{mW}/\text{cm}^2$  UV light (360-480 nm) for 15 s on TMSPMA treated glass. The glass slides  
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30 containing microgels were washed with DPBS and incubated for 8 h in 3T3 medium  
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32 under standard culture conditions. A calcein-AM/ethidium homodimer Live/Dead assay  
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34 (Invitrogen) was used to quantify cell viability within the microgels according to the  
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36 manufacturer's instructions.  
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### 44 *Selectively adhesive arrays*

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46 To generate selectively adhesive hydrogel arrays, a composite structure of PEG  
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48 dimethacrylate and GelMA was fabricated. A 10  $\mu\text{L}$  drop of 20% (w/v) PEG (MW: 4000)  
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50 prepolymer mixture consisting of 1% (w/v) photoinitiator was placed between a  
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52 TMSPMA coated slide and an untreated coverslip (18 mm (w) x 18 mm (l)) and exposed  
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54 to 6.9  $\text{mW}/\text{cm}^2$  UV light (360-480 nm) for 15 s. After removal of the untreated slide the  
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56 PEG layer was washed and immersed in DPBS for 15 minutes. GelMA microgel units  
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5 (500  $\mu\text{m}$  x 300  $\mu\text{m}$ , 10% (w/v), 0.5% photoinitiator) were fabricated using a procedure  
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7 as previously described for PEGDA [15] with exposure to 6.9  $\text{mW}/\text{cm}^2$  UV light (360-480  
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9 nm) for 15 s. The arrays were incubated for 12 h at 37  $^\circ\text{C}$  in DPBS to remove excess  
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11 uncrosslinked gelatin which may be lightly adhered to the PEG layer. A HUVEC  
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13 suspension ( $2 \times 10^6$  cells/mL) was added on top of the PEG/GelMA to a depth of  
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15 approximately 1 mm and cultured for 12 h, washed twice with DPBS and further  
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17 incubated for 12 h. Cells bound to GelMA micropatterns were imaged after treatment  
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19 with calcein-AM following an additional 12 h of culture in fresh media.  
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#### 27 *Microvascular channel creation and perfusion*

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29 To create perfusable microchannels 200  $\mu\text{L}$  of 15% (w/v) GelMA (1%  
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31 photoinitiator) containing  $5 \times 10^6$  cells/mL was poured within a rectangular PDMS mold  
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33 (~1 cm x 0.3 cm) containing a 30 gauge needle placed atop of 300  $\mu\text{L}$  spacers on a  
34  
35 standard glass slide. The macromer-filled mold was exposed to 6.9  $\text{mW}/\text{cm}^2$  UV light  
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37 (360-480 nm) for 30 s on each side to assure even polymerization. The rectangular  
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39 GelMA block was then removed from the mold and the needle was gently removed.  
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41 Entrance and exit ports were created using a 3 mm diameter disposable biopsy punch  
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43 for the introduction of inlet and outlet tubing to enable perfusion. Initial perfusion studies  
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45 were performed by using 2000 kDa FITC-dextran. For cell perfusion experiments, a 5  
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47  $\mu\text{L}$  drop of  $2 \times 10^6$  cells/mL HUVEC was applied to the entrance of the channel and  
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49 drawn in by capillary force. Microchannels were immersed in media and placed at  
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51 standard cell culture conditions. To visualize, 3T3 cells were stained with PKH67  
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53 according to the manufacturer's instructions (Sigma).  
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8 *Statistics*  
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10 Data were compared using ANOVA followed by Bonferroni's post-hoc test  
11 GraphPad Prism 5.00 (GraphPad Software, San Diego, USA).  
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17 **Results**  
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20 *Determination of degree of methacrylation*  
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22 GelMA was synthesized using various concentrations of methacrylic anhydride  
23 (MA) to create polymers with different degrees of methacrylation. To quantify the  
24 differences between samples, the Habeeb assay was used to determine the extent of  
25 substitution of free amine groups in gelatin samples, as the methacrylate groups only  
26 bound to free amine groups. The number of methacrylate groups was also directly  
27 verified by <sup>1</sup>H-NMR with close agreement (Figure 1). These results demonstrated the  
28 ability to create GelMA polymers with a degree of methacrylation varying roughly from  
29 20% to 80% (Figure 1). Three batches of GelMA were created with “high” (81.4 ± 0.4%),  
30 “medium” (53.8 ± 0.5%) and “low” (19.7 ± 0.7%) methacrylation degree corresponding  
31 to 20%, 1.25%, and 0.25% MA added to the synthesis reaction respectively, and were  
32 used in the remainder of the experiments.  
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50 *Mechanical properties*  
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52 Mechanical properties of the matrix environment have been shown to affect cell  
53 function and differentiation [7, 8]. To determine the effect of methacrylation degree and  
54 gel concentration on the mechanical properties of the GelMA hydrogels, unconfined  
55 compression was performed on samples with high, medium, and low methacrylation  
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5 degree at GelMA concentrations of 5%, 10%, and 15%. In general, increasing the  
6 degree of methacrylation increased the stiffness at all strain levels for all three gel  
7 percentages as demonstrated in the representative curve for the 15% GelMA cases  
8 (Figure 2A). The compressive modulus was significantly higher for low, medium, and  
9 high degrees of methacrylation at both the 15% and 10% GelMA concentrations (Figure  
10 2B). This behavior was consistent at the 5% GelMA concentration, however the  
11 difference was not statistically significant. Similarly, maintaining a constant degree of  
12 methacrylation while increasing the GelMA concentration significantly increased the  
13 compressive modulus under all conditions tested. Failure analysis was not  
14 determinable, as every sample tested did not fail before the maximum 50 N load was  
15 reached, demonstrating the elastomeric properties of the GelMA under all conditions.  
16 The 5% GelMA with a low degree of methacrylation formed a weak gel upon  
17 polymerization and could not be tested.  
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### 41 *Swelling characteristics*

42 The swelling characteristics of a network are important in various applications as  
43 it affects solute diffusion, surface properties, mechanical properties, and surface  
44 mobility [34]. The degree of swelling of gels is dependent on the pore size of the  
45 polymer network and the interaction between the polymer and the solvent [15]. As  
46 hydration can have a substantial effect on the physical properties of the resultant  
47 hydrogel and fidelity of the desired micropattern, the change in mass swelling ratio of  
48 GelMA was investigated relative to the hydrogel concentration and degree of  
49 methacrylation. Hydrogels were made as described previously at 5%, 10%, or 15%  
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5 GelMA of low, medium, or high degree of methacrylation. Hydrogels were allowed to  
6 reach equilibrium over a 24 h incubation in PBS at room temperature, then the mass  
7 swelling ratio of the wet mass to the dry mass was calculated and compared (Figure 3).  
8 Holding the hydrogel percentage constant, the mass swelling ratio increased  
9 significantly with decreasing degree of methacrylation at all three hydrogel  
10 concentrations, demonstrating that the degree of methacrylation had a significant effect  
11 on the material's ability, and propensity, for attracting and storing water within the  
12 polymer network. Conversely, holding the methacrylation degree constant and  
13 decreasing the macromer concentration increased the mass swelling ratio in all cases  
14 with nearly all differences being significant. As swelling can have a profound effect on  
15 the overall shape of patterned hydrogels, especially when micro/nano patterned in  
16 intricate shapes, this data suggests that pattern fidelity would be improved by increasing  
17 the degree of methacrylation, hydrogel percentage, or both.  
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#### 40 *Cell adhesion to 2D GelMA surfaces*

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43 The ability to bind to scaffold materials is essential for cell survival and function in  
44 engineered tissues [10]. Therefore the surface adhesion characteristics of GelMA were  
45 determined at 5%, 10%, and 15% GelMA concentration at the high degree of  
46 methacrylation (Figure 4). The high degree of methacrylation was chosen as this  
47 formulation performed best in micropatterning applications, the low degree formed weak  
48 gels that could not be handled at 5%, and in preliminary studies GelMA with a medium  
49 degree of methacrylation behaved similarly to the high degree (data not shown).  
50 HUVECs were chosen as a model cell type for the potential application of GelMA in  
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5 vascularized tissue engineering as well as to explore the compatibility of GelMA with a  
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7 human cell type. HUVEC readily bound to GelMA surfaces of all concentrations with  
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9 roughly the same affinity following initial seeding. There were no significant differences  
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11 in the cell number, as determined by the percentage of confluency, within the first 24  
12  
13 hours. Cells on GelMA surfaces of all concentrations elongated, migrated, and  
14  
15 aggregated with surrounding cells forming branched and interconnected multicellular  
16  
17 networks by day 2. GelMA of 5% macromer concentration demonstrated a decreased  
18  
19 confluency as compared to 10% and 15% being significantly different from both on day  
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21 3. Both 10% and 15% GelMA demonstrated significantly increased confluency over 5  
22  
23 days, increasing at least 2 to 3 fold in the given time. Significant differences in overall  
24  
25 confluency between 10% and 15% GelMA concentration were seen by day 5. Similar  
26  
27 significant differences in the cell density, defined as the number of DAPI positive cells  
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29 per fixed area, demonstrated that cell density significantly increased with increased  
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31 GelMA concentration. This suggests that the relationship between confluency and  
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33 hydrogel concentration was not solely due to increased cell spreading.  
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42 The overall cellular morphology appeared to be largely single cell-width networks  
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44 with 5% GelMA, with the overall width of cell aggregates increasing with GelMA  
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46 percentage. Combined with the quantified cell density and confluency data, this  
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48 suggests that the difference in morphology is, at least in part, due to increased cell  
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50 number and aggregation, rather than increased cell spreading or increased cell size.  
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52 These differences in cell behavior are likely due to a combination of variations in the  
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54 stiffness of the GelMA surfaces relative to the gel concentration, and increases in the  
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56 density of bioactive sequences with increased macromer concentration. Lumen-like ring  
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5 structures were apparent at all GelMA concentrations, suggesting maintenance of  
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7 endothelial phenotype. As expected, few cells adhered to PEGDA 4000 surfaces, as  
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9 PEG is not cell adhesive, and the confluency was observed to decrease over time.  
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### 12 13 14 15 *3D cell encapsulation in GelMA micropatterns*

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17 To successfully employ micropatterned GelMA as a hydrogel suitable for tissue  
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19 engineering applications, encapsulated cell behavior was investigated within  
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21 micropatterned, high degree of methacrylation GelMA. In initial experiments using basic  
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23 square patterns with feature size as small as 100  $\mu\text{m}$ , GelMA performed similarly to  
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25 PEG in terms of pattern fidelity and short exposure time suggesting that cell viability  
26  
27 properties would be similar to that of PEG (data not shown). NIH 3T3 fibroblasts were  
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29 encapsulated in 500  $\mu\text{m}$  (w) x 500  $\mu\text{m}$  (l) x 300  $\mu\text{m}$  (h) GelMA micropatterns at  
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31 concentrations of 5%, 10%, and 15%. All conditions yielded high pattern fidelity and  
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33 initial cell viability demonstrating GelMA's high potential for use as a cell-laden hydrogel  
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35 for microscale tissue engineering applications (Figure 5 A-C). Viability 8 h after  
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37 encapsulation was  $92 \pm 2\%$  in 5% GelMA, which was significantly higher than that in  
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39 10% ( $82 \pm 2\%$ ) or 15% ( $75 \pm 4\%$ ) GelMA microgel samples ( $p < 0.05$ ). Cell viability has  
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41 previously been shown to decrease with macromer concentration in other hydrogel  
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43 systems [15, 18]. General losses in viability may occur due to encapsulation stress,  
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45 nutrient limitations, drying during processing or stress due to transient swelling after  
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47 placement in media. It is expected that with further optimization of photoinitiator  
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49 concentration and UV exposure duration, higher initial viabilities could be produced.  
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51 Initial viability was similar to that determined in bulk hydrogels, demonstrating that  
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5 micropatterning did not significantly alter cell viability properties more than UV  
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7 polymerization alone. Long term viability (up to 15 days) in bulk GelMA was similar to  
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9 the viability measured at early time points as published previously, demonstrating that  
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11 the polymerization and patterning conditions did not adversely affect cell viability in the  
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13 short or long term [30].  
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17 After 3 days in culture, cells readily elongated in all three GelMA percentages,  
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19 with elongation and migration varying inversely with gel concentration (Figure 5 D-F). In  
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21 5% gels, cells elongated, migrated and formed interconnected networks with  
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23 neighboring cells, in addition to contracting and degrading the micropatterned GelMA to  
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25 extravasate onto the glass slide. Cells did not migrate or degrade the microgels to the  
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27 same extent in 10% or 15%, however individual elongated cells and small, multicellular  
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29 networks could be seen in both groups demonstrating that while increased hydrogel  
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31 concentration may slow the process, it is not inhibited entirely.  
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### 38 *Selective adhesion onto micropatterned GelMA surfaces*

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41 To demonstrate the feasibility of using GelMA for selective cell seeding and  
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43 controlled co-culture environments for tissue engineering applications, adhesion of cells  
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45 onto micropatterned GelMA substrates was determined. Micropatterned 500  $\mu\text{m}$  (w) x  
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47 500  $\mu\text{m}$  (l) x 300  $\mu\text{m}$  (h)  $\mu\text{m}$  GelMA patterns were prepared as described previously on  
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49 the surface of a PEGDA 4000 layer which was first polymerized onto the glass slide  
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51 surface to inhibit cell adhesion except on the GelMA surfaces. Therefore, the GelMA  
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53 micropatterns were polymerized onto the PEG surface directly, which was performed  
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55 with little difficulty as compared to creating GelMA micropatterns directly on glass slides.  
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59 The GelMA microgels were observed to adhere robustly to the PEGDA surface,  
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5 suggesting covalent bonding between the two materials, which is suitable for generating  
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7 stable composite micropatterned structures. Following GelMA micropattern fabrication  
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9 and incubation to remove non-reacted gelatin from PEG surfaces, HUVEC cells  
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11 ( $2 \times 10^6$ /mL) were pipetted onto the surface for 12 h to allow for adhesion to occur,  
12  
13 washed with PBS to remove non-adherent cells, then incubated for an additional 12 h to  
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15 demonstrate persistence. As demonstrated, HUVEC cells bound only to GelMA  
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17 surfaces, and not to PEG surfaces, quickly creating a confluent monolayer on GelMA  
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19 patterns (Figure 6).  
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#### 27 *Microfluidic channels with endothelial linings created in GelMA*

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29 To demonstrate the use of GelMA in microfluidic systems, and as a potential  
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31 biomaterial for producing vascularized engineered tissues, endothelial cells were  
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33 seeded into a perfusable GelMA microchannel. For these tests, a block of GelMA was  
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35 polymerized containing a syringe needle, which when removed contained a 300  $\mu$ m  
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37 diameter perfusable channel (Figure 7A). Rhodamine-labeled 3T3 fibroblasts were  
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39 embedded within the GelMA bulk, while FITC-Dextran (2000 kDa) was perfused through  
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41 the microchannel to demonstrate the ability to create perfusable, microfluidic channels  
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43 within cell-laden GelMA structures (Figure 7B-C). To investigate the ability to create  
44  
45 cell-laden constructs with endothelial-lined microchannels, HUVEC cells were seeded  
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47 into the channel and allowed to adhere (Figure 7D). The resultant co-cultured construct  
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49 of 3T3 cells with a HUVEC-lined microchannel demonstrate the potential for making co-  
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51 cultured, engineered constructs with perfusable microvasculature networks.  
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## Discussion

Gelatin is created through either acid or alkaline hydrolysis of collagen, and has long been employed for pharmaceutical, food, and cosmetic products. The alkaline hydrolysis process hydrolyzes the amide structures of asparagine or glutamine side chains generating a high percentage of carboxylic groups [35] therefore increasing the isoelectric point to 9, whereas acidic hydrolysis leads to an isoelectric point of 5 [36]. Depending on the isoelectric point, gelatin could bind different types of growth factors and also promote the proliferation of various cell types [37, 38]. In addition, the chemical functionalities present in gelatin (carboxylic acid, thiol, hydroxyl) allows for potential covalent modification of the GelMA with growth factors or cytokines to further promote cell viability and function. Therefore, GelMA could potentially be tailored to different cell or tissue types, or growth factor and drug delivery applications, based on the specific type of gelatin precursor selected.

Crosslinking of gelatin by different methods has been utilized to create gelatin hydrogels that are stable at physiological temperatures (37 °C), more resistant to degradation by proteolytic enzymes such as gelatinase and collagenases [35], and mechanically robust [39, 40]. Chemical crosslinking agents such as glutaraldehyde, carbodiimide, diphenylphosphoryl azide and enzymatic crosslinkers, such as microbial transglutaminase (mTG), have been used to crosslink gelatin [41-43], however, these crosslinking agents are often cytotoxic or elicit immunological responses from the host [41, 42, 44-48]. Moreover, these chemical or enzymatic crosslinking methods do not support 3D encapsulation of viable cells, making them ill suited for creating cell-laden microgels [30].

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Enhancing the ability of cells to elongate, migrate, and connect with neighboring cells in 3D is vital to recreating native tissue morphology in engineered tissues. Encapsulating cells in hydrogels such as PEG and HA allows for homogeneous cell distribution with high viability within microgels, however, encapsulated cells in these polymers are typically unable to bind to the hydrogel limiting their utility in creating engineered tissues due to the inability of cells to remodel the surrounding environment [49]. The addition of binding motifs, either through incorporation of cell-adhesive peptide sequences [11, 49-53] or mixing with native ECM components such as collagen I [19] or with other naturally derived proteins such as fibrin [54], improves cell binding and elongation. While there is the potential to include more specific binding motifs to encourage cell binding, in most synthetic hydrogel systems the binding motifs would only be bound to the ends of the polymer base, or to bridging linker proteins. One advantage of GelMA is the presence of binding sites distributed throughout the hydrogel on all polymer chains potentially improving the probability of cell binding. Cells easily bound to, and formed a monolayer on GelMA surfaces, and elongated and migrated within GelMA demonstrating its positive cell-binding behavior. However, all cell elongation and migration will be limited by the cell's ability to degrade and remodel the matrix which varies greatly among different cell types.

Synthetic hydrogels have been produced that contain both cell binding and cell-degrading motifs for use in tissue engineering and functional cell assays. Two major formulations have been presented which either incorporate RGD and MMP-sensitive regions on linker proteins which polymerize with 4-arm PEG using Michael-type addition [24, 26, 55, 56], or by adding ECM degradation and binding sequences to the acrylate

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5 groups of PEG [52]. These hydrogels have been shown to encourage cell elongation,  
6 migration and interconnection *in vitro*, and cell infiltration and integration *in vivo*.  
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8 However, both of these classes of hydrogels have potential disadvantages. For  
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10 example, PEG hydrogels produced by Michael-type addition may be difficult to  
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12 micropattern in comparison to photopolymerizable materials. Photopatterning of GelMA  
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14 behaved similarly to photopatterned PEGDA in terms of UV exposure time, fidelity of  
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16 micropatterns and ability to create and perfuse microchannels, however GelMA typically  
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18 required either slightly shorter UV exposure or reduced photoinitiator concentrations.  
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20 Therefore, GelMA could potentially be used in most microscale applications that  
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22 photopolymerizable PEG has been demonstrated in, with similar, or better cell-  
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24 responsive characteristics as PEG containing cell-binding and degradation motifs.  
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32 Overall we present evidence that GelMA would be suitable for a number of tissue  
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34 engineering applications. For instance, GelMA allowed rapid cell adhesion, proliferation  
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36 and migration on the surface of GelMA micropatterns. This could make GelMA well  
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38 suited for controlled 2D cell interaction or cell shape studies by providing a rapid  
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40 technique to create selectively binding regions of GelMA on PEG surfaces. In addition,  
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42 encapsulated cells inside GelMA micropatterns elongated and reorganized. These data  
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44 not only demonstrate that GelMA allows for cell migration, organization and interaction  
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46 in both 2D and 3D, but also suggest that GelMA would be well suited for creating  
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48 complex engineered tissues with features controllable on the microscale. For example,  
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50 functional cells could be encapsulated in GelMA containing microchannels lined with  
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52 endothelial cells to create microvascularized biomimetic tissues. Microvascular systems  
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54 fabricated in a similar manner using collagen have been shown to support HUVEC  
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5 attachment, spreading and function when externally perfused [57]. A GelMA-based  
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7 system increases the mechanical stability of the gels as well as the ability to generate  
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9 shape-controlled microgels relative to collagen. Finally, the ability to encourage cell-  
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11 responsive behavior while enabling surface binding would makes GelMA well suited for  
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13 creating vascularized engineered tissues.  
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## 20 **Conclusion**

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22 In this report we demonstrated the use of GelMA for microscale tissue  
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24 engineering applications, highlighting the unique properties that make GelMA an  
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26 attractive material for creating cell-laden microtissues. The physical properties of GelMA  
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28 were demonstrated to be controllable through variation of the degree of methacrylation  
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30 and the gel concentration yielding a tunable range of mechanical and swelling  
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32 properties for different applications. GelMA was easily patterned down to 100 um  
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34 resolution with the fidelity and robustness needed to perform as a cell-laden microgel or  
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36 as a microfluidic device, similar to other commonly used hydrogels. However, unlike  
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38 other synthetic UV crosslinkable hydrogels, cells readily adhered to, migrated within,  
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40 proliferated and organized both in 2D and 3D in GelMA micropatterns. These data  
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42 suggest that GelMA could be used for many microscale applications where other  
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44 hydrogels are not well suited, such as for creating endothelial-lined vasculature within  
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46 engineered tissues.  
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54  
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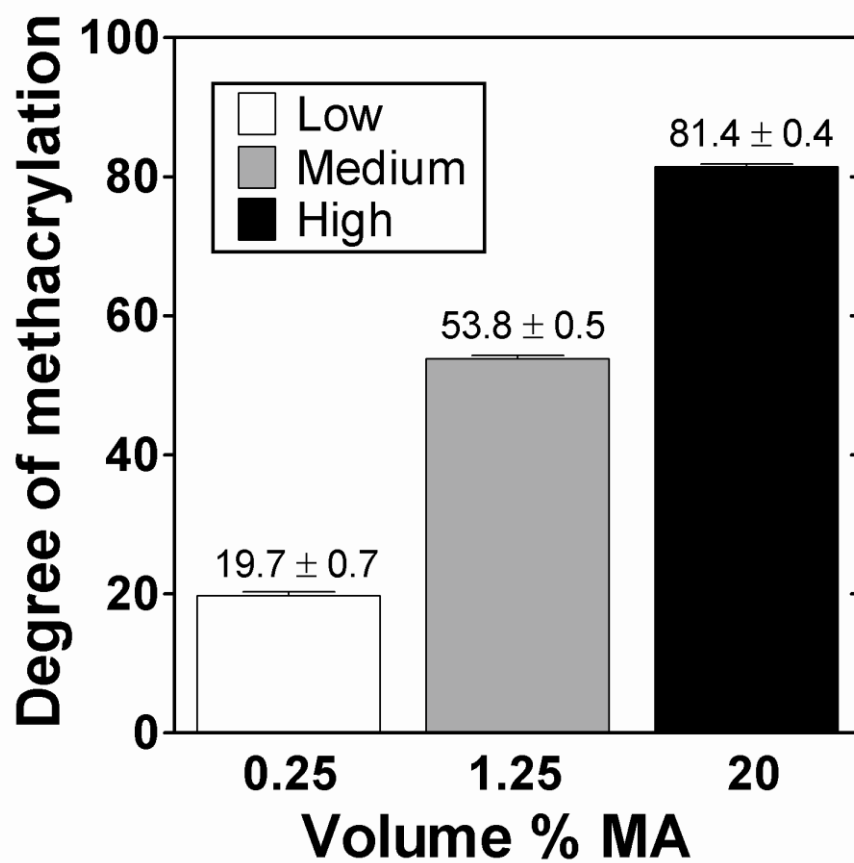
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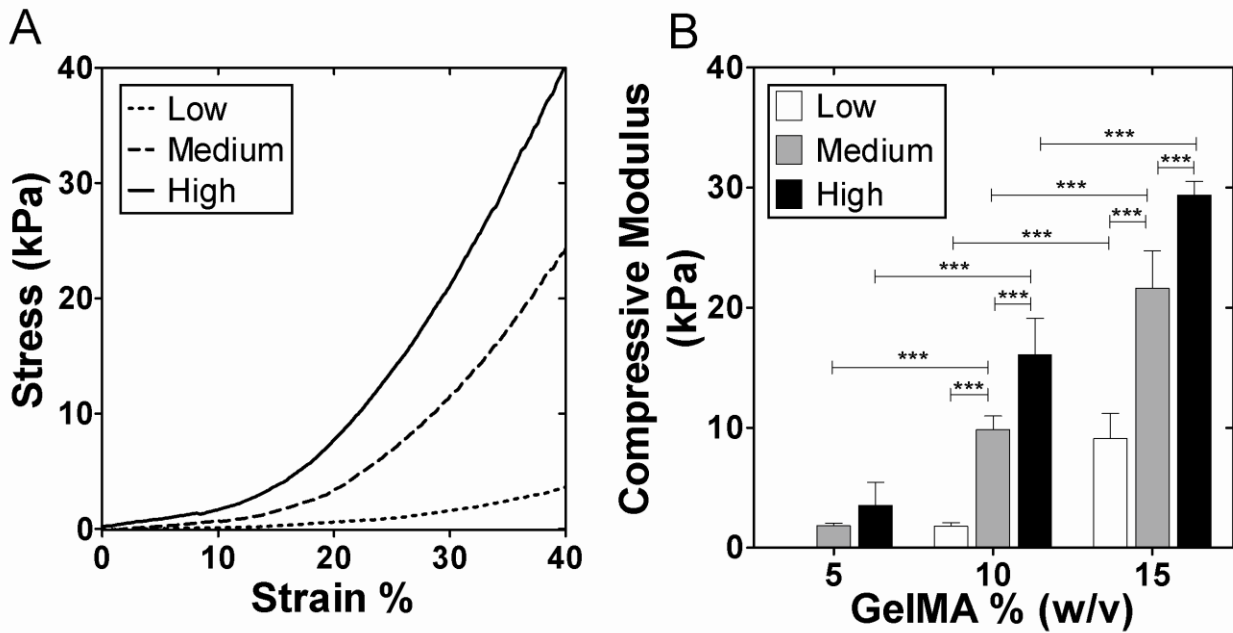
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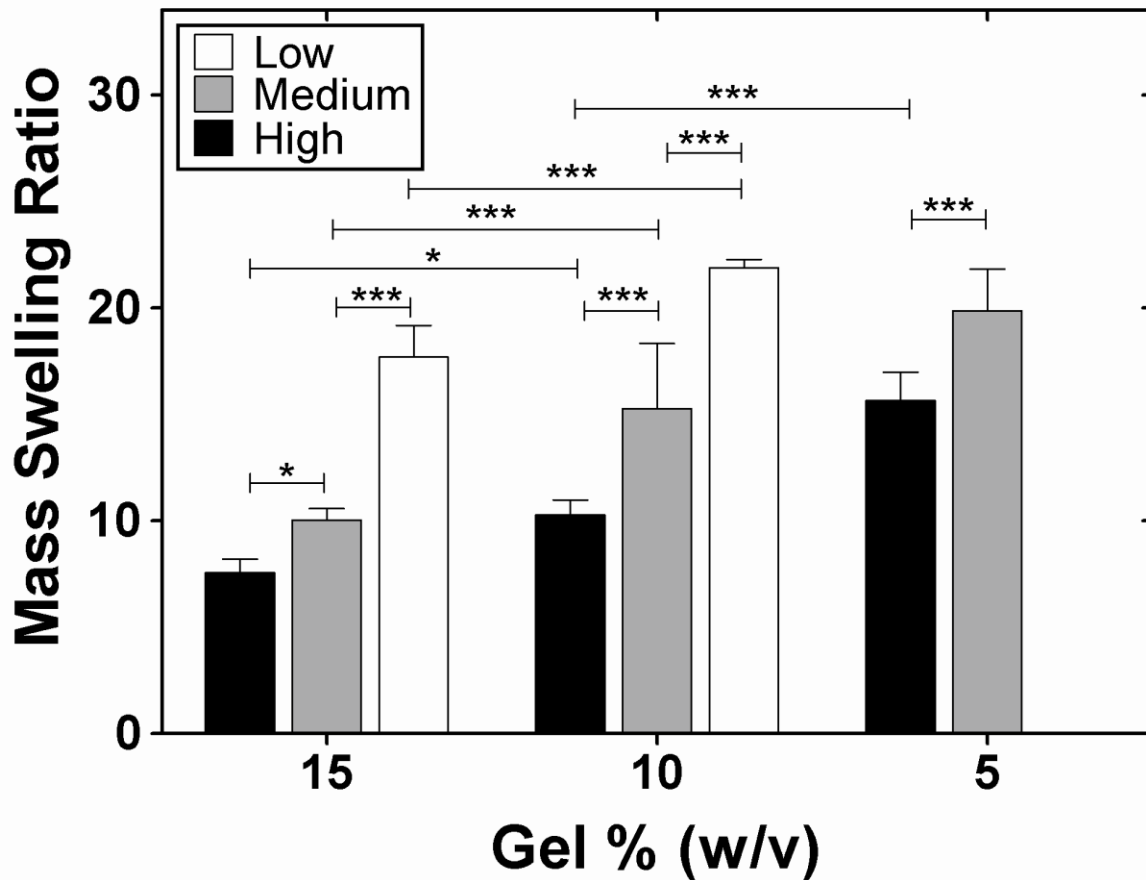
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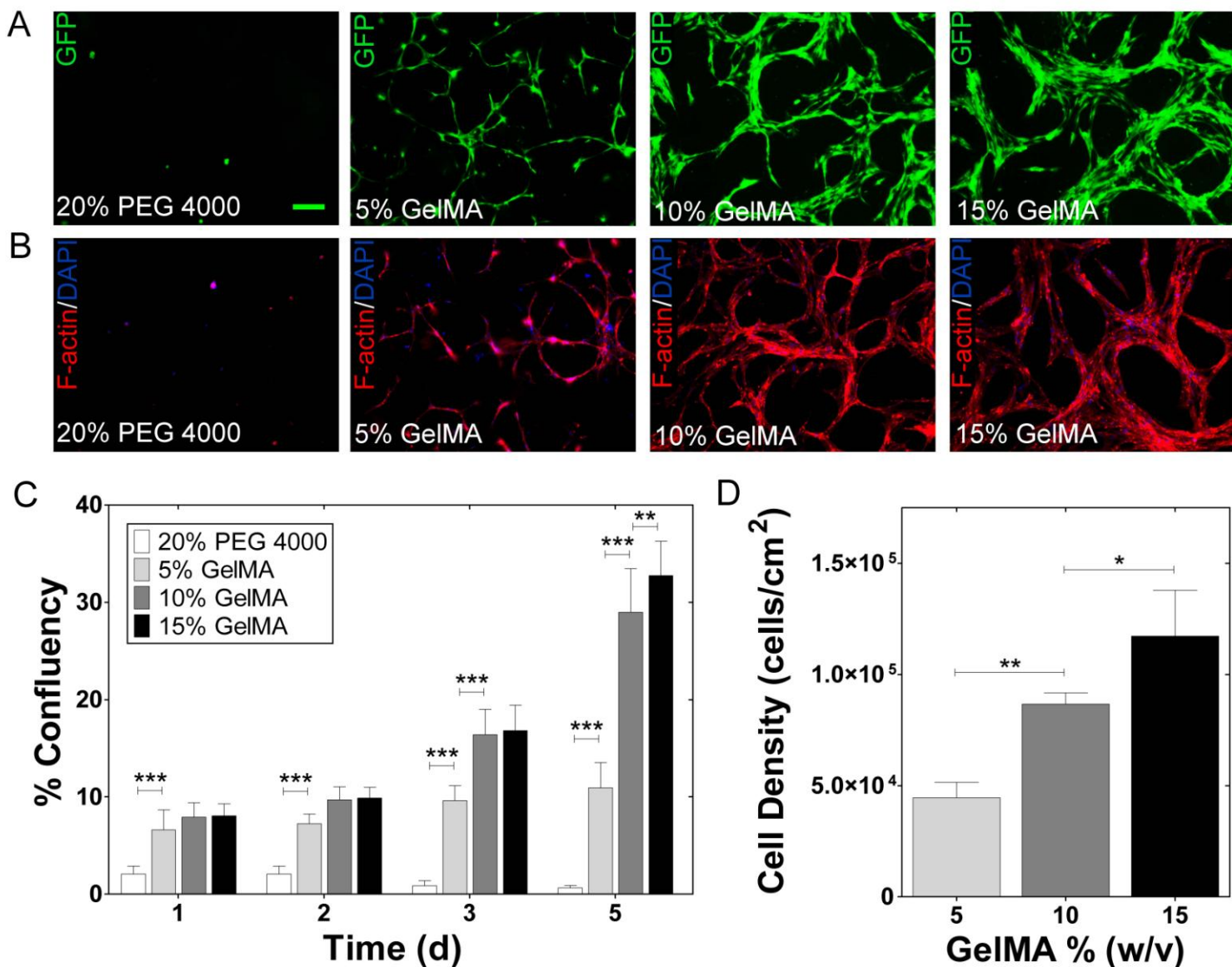
**Figure 1.** Degree of methacrylation as determined by  $^1\text{H-NMR}$  at various methacrylic anhydride volume percentages present in the synthesis reaction. The number of methacrylate groups incorporated was determined by comparing the integrated intensity of the double bond peak to that of the aromatic side chains. Error bars represent the SD of 3 repeated measurements on each sample.



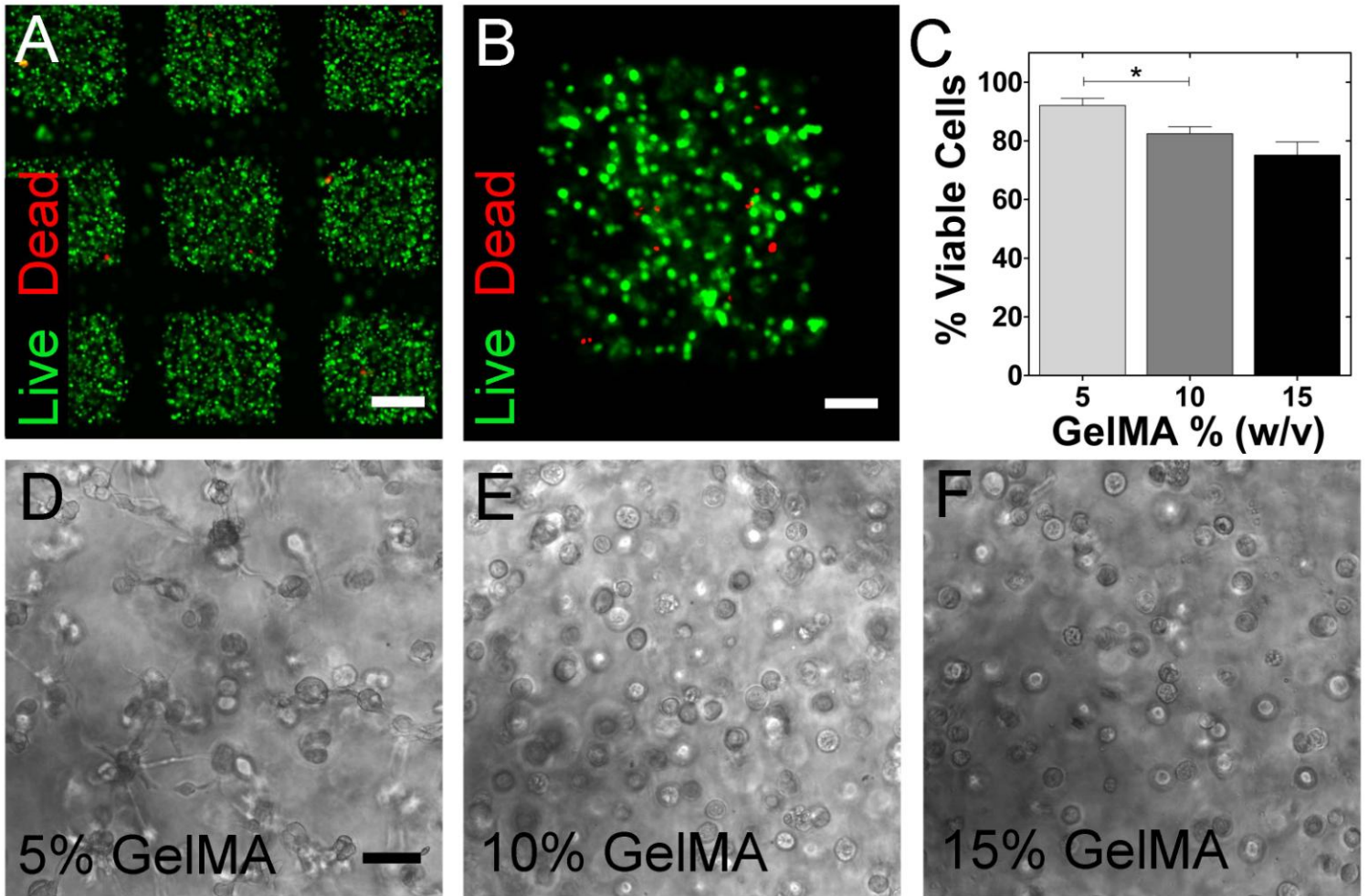
**Figure 2.** Mechanical properties of GelMA with varying gel percentage and degree of methacrylation. Representative curves from 15% GelMA at varying degree of methacrylation (A). Compressive modulus for 5%, 10% and 15% GelMA at low, medium and high degree of methacrylation (B), with the exception of low degree, 5% GelMA which formed gels which were too weak to be handled for testing. All conditions were significantly different (\*\* $p < 0.001$ ) except with 5% GelMA. Error bars represent the SD of measurements performed on 5 samples.



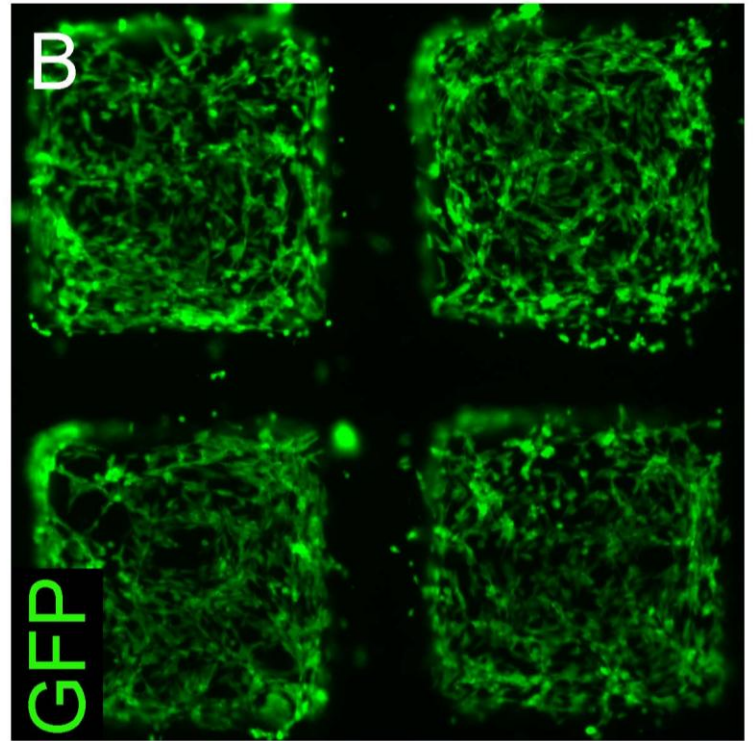
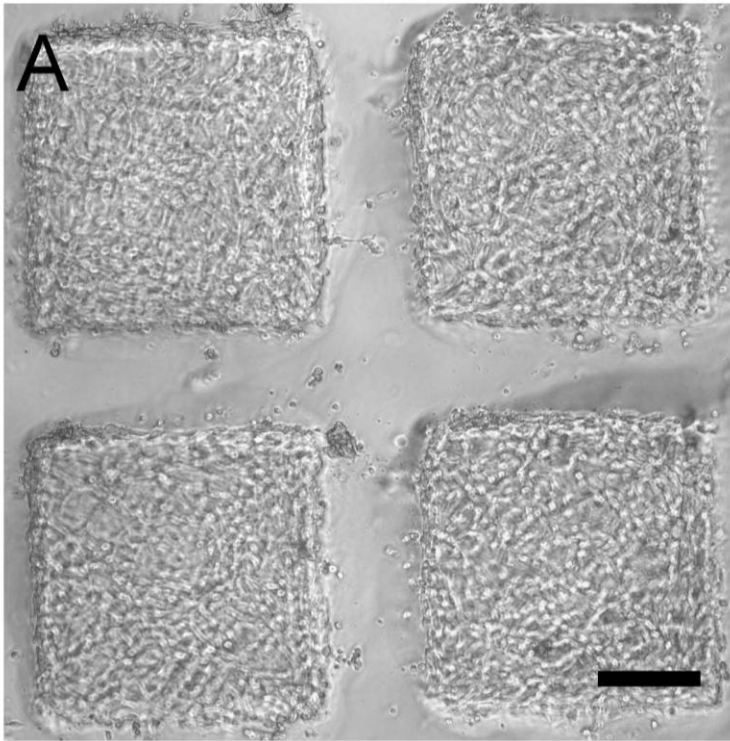
**Figure 3.** Equilibrium swelling properties of methacrylated gelatin hydrogels. The mass swelling ratios of methacrylated gelatin (GelMA) hydrogels at various GelMA % (w/v) and degrees of methacrylation show statistically significant differences (\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ). Low methacrylation GelMA formed gels which were too weak to be handled at 5% (w/v) concentration and were not studied. Error bars represent the SD of measurements performed on at least 3 samples.



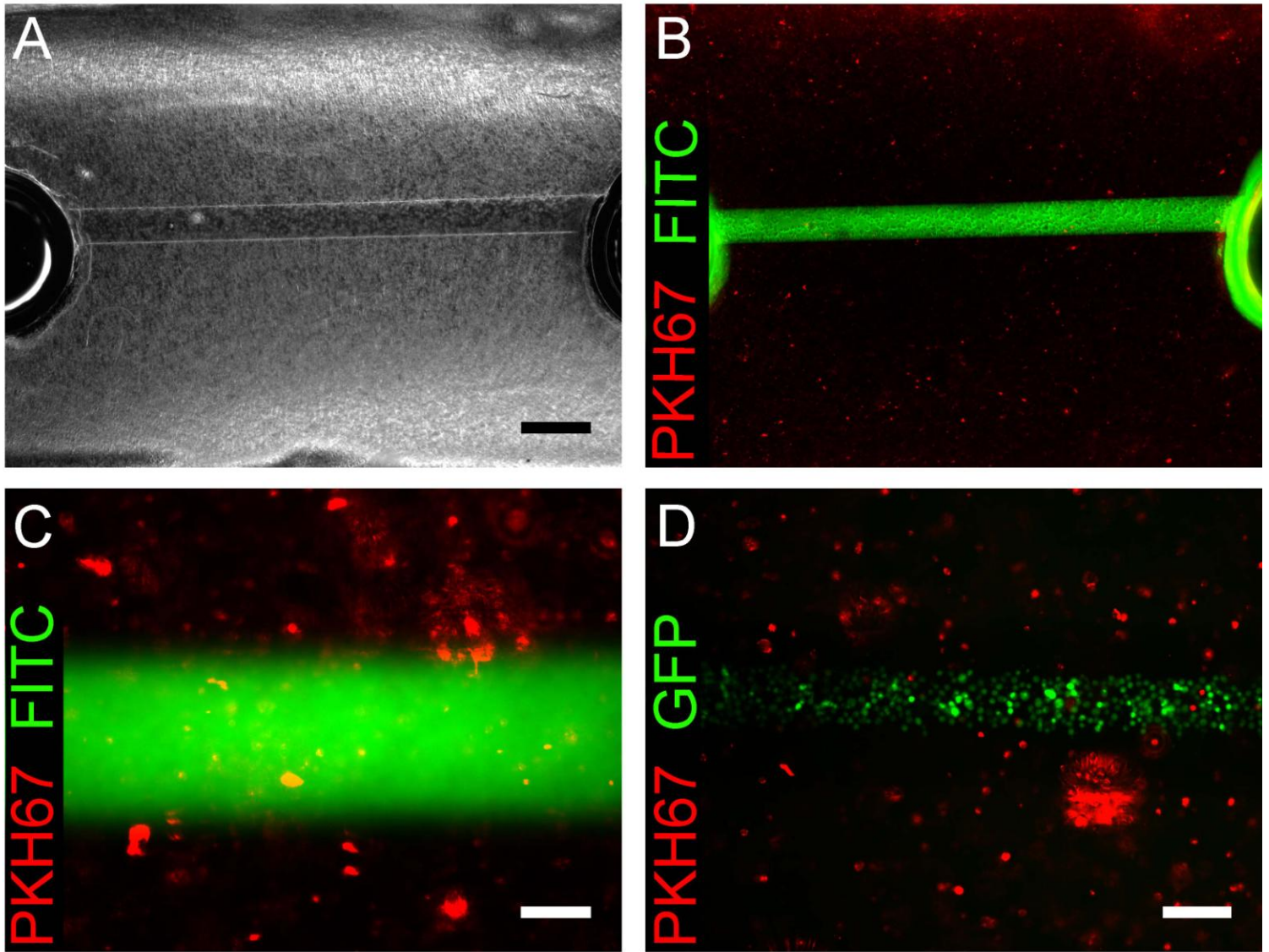
**Figure 4.** Cell adhesion, proliferation and migration on GelMA surfaces. HUVEC cells readily adhered to GelMA of all macromer concentrations, and did not adhere to PEG 4000 as demonstrated by endogenous GFP (A) and rhodamine-labeled phalloidin/DAPI for F-actin/cell nuclei (B) on day 5 of culture (scale bar = 200  $\mu$ m). While initial binding was similar regardless of hydrogel percentage, over time confluency was significantly different proportional to the hydrogel percentage (\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ) (C). Determination of cell density defined as the number of DAPI positive cells in a given volume demonstrated a similar, significant relationship between cell number and GelMA percentage consistent with total confluency (D). Error bars represent the SD of averages obtained on 3 images from each of 6 independent samples per condition.



**Figure 5.** Characterization of embedded cell behavior in micropatterned GelMA. 3T3 fibroblasts embedded in GelMA micropatterns of various macromer concentration were stained with calcein-AM (green)/ethidium homodimer (red) LIVE/DEAD assay 8 h after encapsulation are shown at low (scale bar = 250  $\mu\text{m}$ ) (A) and high (scale bar = 100  $\mu\text{m}$ ) magnification (B). Quantification of cell viability demonstrated excellent cell survival at all conditions ( $*p < 0.05$ ) (C). After 2 days in culture, cells were seen to elongate and form interconnected networks in GelMA inversely proportional to the hydrogel concentration (scale bar = 50  $\mu\text{m}$ ) (D-F). Error bars represent the SD of 3 independent samples.



**Figure 6.** Selective binding to GelMA micropatterns. GelMA micropatterns were photopolymerized on a prefabricated PEG-coated glass slide. GFP-expressing HUVEC cells seeded on this composite array bound only to the GelMA surfaces, quickly forming confluent monolayers only on the GelMA surfaces (scale bar = 200  $\mu\text{m}$ ) (A,B).



**Figure 7.** Microfluidic channels and cell seeding in cell-laden GelMA. Microfluidic channels that were 300  $\mu\text{m}$  in diameter (scale bar = 500  $\mu\text{m}$ ) (A), were created in GelMA containing PKH67 labeled 3T3 fibroblasts, allowing for perfusion visualized by FITC-Dextran (2000 kDa) as shown at low (B) and high magnification (scale bar = 100  $\mu\text{m}$ ) (C). Seeding of GFP-HUVEC cells in cell-laden GelMA allowed for attachment, suggesting the ability to create cell-laden microgels with endothelial-lined microvasculature (scale bar = 200  $\mu\text{m}$ ) (D).