

Micropatterned Polymeric Nanosheets for Local Delivery of an Engineered Epithelial Monolayer

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Age-related macular degeneration (AMD) is a major ophthalmic disease that causes visual impairment and blindness, particularly in elderly people.^[1] The pathogenesis of AMD is believed to result from the development of subretinal choroidal neovascularization triggered by an increment in secretion of vascular endothelial growth factor from retinal pigment epithelial (RPE) cells. The developing choroidal vessels invade Bruch's membrane and disrupt the RPE monolayer. Subsequently, degeneration of photoreceptors occurs and results in permanent visual loss. Hence, subretinal transplantation of RPE cells to the site of degeneration would offer an ideal treatment providing the transplanted cells could generate a monolayer, reconstruct the

RPE–photoreceptor interface, and inhibit further development of choroidal vessels. Although transplantation of autologous peripheral RPE cells has been tested by injection of cell suspensions using a syringe, limited visual improvement result due to the low viability of the injected cells, and their restricted distribution and integration into the subretinal tissue.^[2] In fact, we previously reported the transplantation of epithelial cells into animal models of AMD and found that similar problems to those described above occurred in the animals and that these difficulties held back further experimental development of potential therapeutic treatments.^[3]

As a consequence of these problems, tissue engineering is expected to provide innovative therapeutics in regenerative medicine by directing cellular organization using microfabrication techniques.^[4] Efforts are in progress towards an alternative approach which involves the local delivery of an engineered RPE monolayer using biocompatible devices. There have been several reports on the development of natural and synthetic substrates for cell delivery using collagen, poly(ethylene terephthalate) and poly(methyl methacrylate).^[5] However, these engineered substrates are typically micrometers in thickness (6 μm at thinnest) and several millimeters in size. Therefore, they are not sufficiently flexible to be aspirated and injected through a conventional syringe needle into the narrow subretinal space. Thus, a large incision of the sclera and retinal tissue would be required for the injection of these rigid substrates, which would also require use of a custom-made metallic cannula with a millimeter-size rectangular opening.^[5c] However, such an incision might result in leakage of vitreous fluid and lead to post-surgical infection. To minimize damage to host tissues and at the same time transplant an RPE monolayer that can withstand the required surgical manipulation, the substrates need to be simultaneously robust, extremely flexible and compliant in narrow spaces. Therefore, miniaturization of the substrates (for both thickness and size) is an important approach to achieve minimally invasive delivery of the engineered RPE monolayer.

Ultrathin polymeric films (nanosheets) are a relatively new class of soft nanomaterials that are under study in the polymer physics field.^[6] Polymeric nanosheets range from tens to hundreds of nanometers thick with a very large aspect ratio (greater than 10^6) and, unlike bulk polymeric films, have unique physical properties. Their thermodynamic and mechanical properties vary in a thickness-dependent manner, resulting in high flexibility, non-covalent adhesiveness, and selective molecular permeability.^[7] These properties are beneficial for biomedical applications, such as wound dressings and cellular scaffolds.^[8] Previously, we demonstrated that the large surface area of

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polymeric nanosheets was of value for creating flexible substrates with thickness-dependent mechanical properties; these substrates could provide an adhesion interface for cardiomyocytes in a stiffness-dependent manner or could assist in the engineering of biomimetic structures.^[9] Recently, we also showed that the surface property could be tailored by integration of nanoparticles or nanotubes,^[10] which enhanced the morphological guidance of the skeletal muscle cells.^[10b] Thus, we hypothesized that polymeric nanosheets would be an ideal platform to culture RPE cells, on which an engineered RPE monolayer is capable of withstanding deformation within a syringe needle, of recovering their original shape in the subretinal space, and of attaching to the lesion.

Here, we developed micropatterned nanosheets that supported the growth of an RPE cell line (RPE-J cells) and enabled the transplantation of the cells through a syringe needle without loss of cell viability. The micropatterned nanosheets consisted of biodegradable poly(lactic-co-glycolic acid) (PLGA), on which a monolayer of RPE-J cells formed. In addition, we embedded magnetic nanoparticles (MNPs, 10 nm ϕ) into the structure to improve optical visualization, manipulability, and cell morphogenesis. The viability of RPE-J cells on the micropatterned nanosheets was evaluated following the syringe manipulation step for transplantation of the engineered RPE monolayer. We also demonstrated the subretinal injectability of micropatterned nanosheets, their handling properties, and their physical stability using a swine eye model. To our knowledge, this is the first report of the development of an ultrathin flexible carrier that has the promise of minimally invasive delivery of a cellular organization into narrow tissue spaces.

Micropatterned nanosheets were prepared on poly(vinyl alcohol) (PVA)-coated substrates by a combination of a spincoating and microcontact printing technique using poly(dimethyl siloxane) (PDMS) molds (see Figure S1 in the Supporting Information). Circular nanosheets consisting of PLGA and MNPs were micropatterned on either glass or SiO₂ substrates (Figure 1a). The shape or diameter of the micropatterned nanosheets could be varied from 300 to 1000 μm by adjusting the microstructure of the PDMS mold (Figure S2, Supporting Information). Dissolution of the PVA sacrificial layer allowed the release of the brown-colored nanosheets (Figure 1b, 500 μm ϕ). Surface profilometer measurement showed that the thickness of the micropatterned nanosheets gradually increased toward the center; the mean thickness was ca. 170 nm regardless of MNP incorporation (Figure S3, Supporting Information). The micropatterned nanosheets could be aspirated and injected through a syringe needle or an intravenous catheter due to their highly flexible structure (Movie S1, Supporting Information). Despite the incorporation of MNPs, the micropatterned nanosheets (1000 μm ϕ) were capable of deforming flexibly inside a 24 G catheter needle (470 μm inner diameter) (Figure 1c), as determined by optical and fluorescent imaging (dual-colored by the MNPs and rhodamine B), and could bend along the inner wall of the needle (Figure 1d). In our previous study, we reported that the elastic modulus of polylactide-based nanosheets was less than 5 GPa, which is lower than that of bulk polylactide materials (7–10 GPa).^[11] Thus, the micropatterned PLGA nanosheets showed good flexibility and were capable of bending inside a needle without distortion or

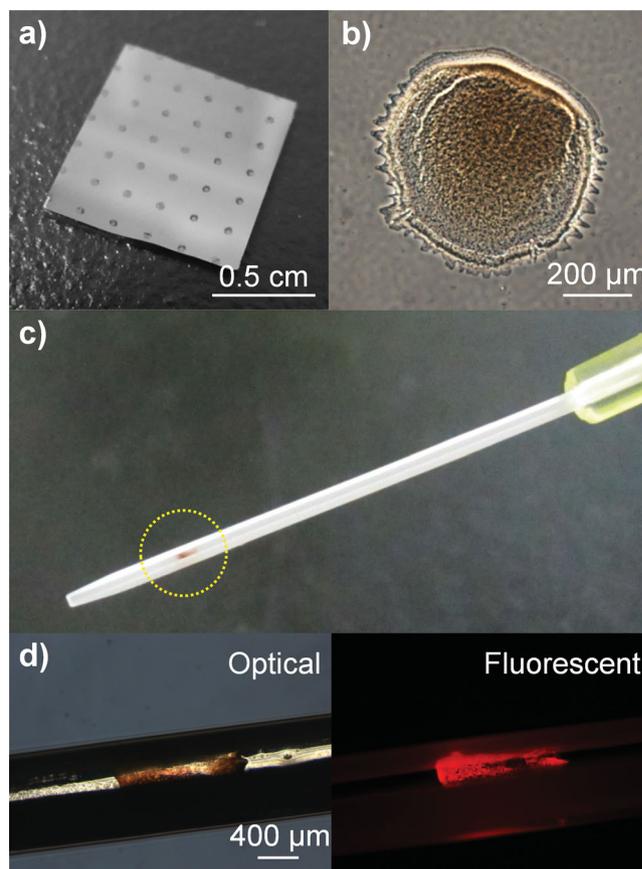


Figure 1. Typical morphology of micropatterned nanosheets. a) Macroscopic image of micropatterned nanosheets. b) Microscopic image of a single micropatterned nanosheet colored brown by the inclusion of MNPs (ϕ 500 μm). c) A micropatterned nanosheet (ϕ 1000 μm) aspirated into a 24 G intravenous catheter (470 μm inner diameter). d) Higher magnification images of the nanosheet in (c) showing that it forms a flexibly deformed structure along the inner wall of the needle.

crease formation. In fact, such flexible property has a significant advantage in cell delivery, since conventional substrates consisting of synthetic polymers are relatively bulk and rigid,^[5] thus, a large incision to the sclera is required for the subretinal transplantation of the synthetic substrates. The injection of micropatterned nanosheets through a syringe needle could be a minimal invasive way to reduce the incision size of the sclera and subsequent inflammatory response. It is also noteworthy that we succeeded in the preparation of nanosheets with different morphologies by applying microfabrication technique such as circles, triangles and stars by arranging the design of PDMS molds (Figure S4, Supporting Information). The morphological variation of the micropatterned nanosheets would be beneficial for arrangement of the shape of the nanosheet, depending on the physical configuration of the transplantation site.

Next, we cultured RPE-J cells on micropatterned nanosheets. We prepared the micropatterned nanosheets on PVA-coated glass substrates. Prior to seeding the cells, the surface was covered with collagen by spincoating to promote cell adhesion. Phase microscopy analysis following staining for live/dead

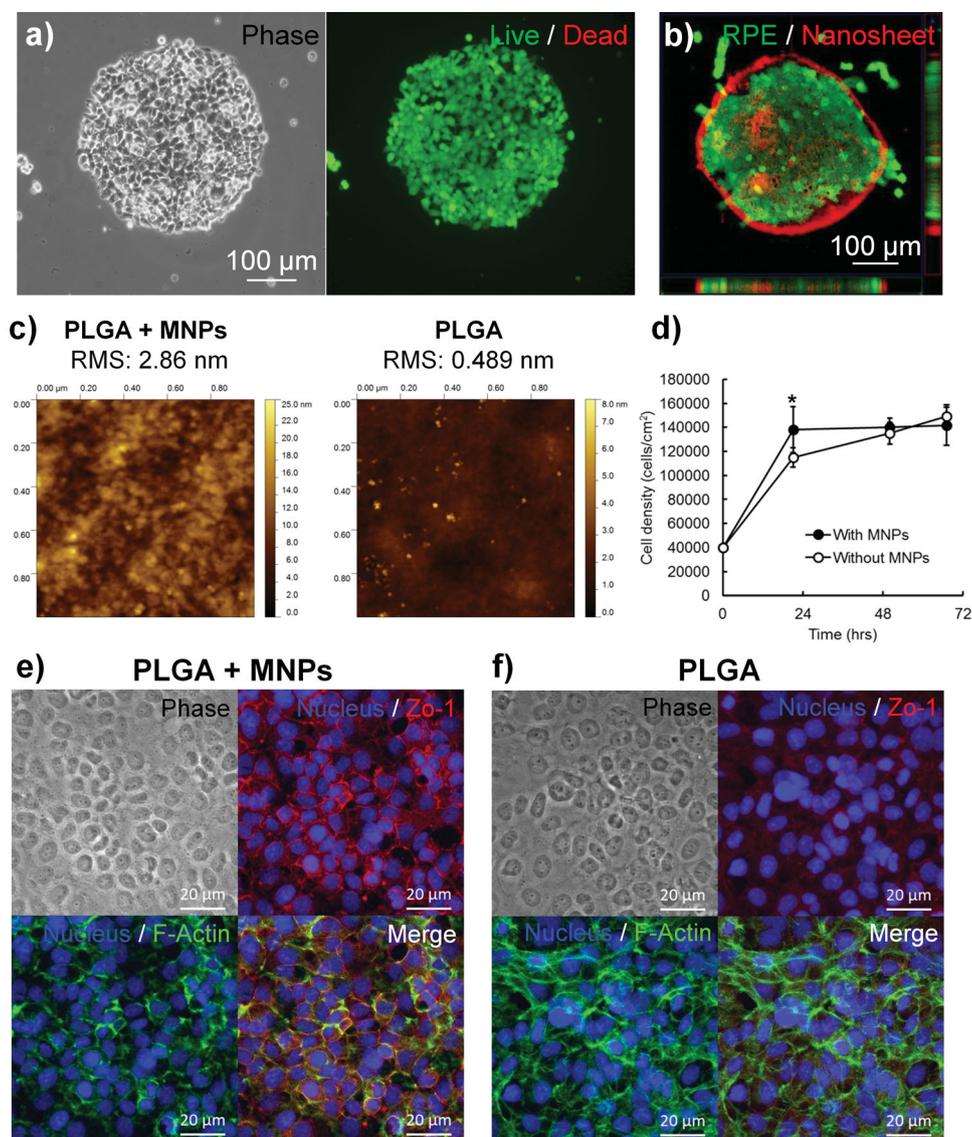


Figure 2. Micropatterned nanosheets direct RPE-J cellular morphogenesis. a) RPE-J cells on micropatterned nanosheets ($400\ \mu\text{m}\ \phi$) after 1 d of culture stained to show live/dead cells. b) A CLSM image showing monolayer formation by the RPE-J cells on the nanosheet (stained with rhodamine B). c) AFM surface morphology of micropatterned PLGA nanosheets with and without MNPs. d) Influence of MNPs on the proliferation of RPE-J cells. Immunostaining of the RPE monolayer on the nanosheet e) with and f) without MNPs (top left, phase microscopy; top right, nucleus and tight junction protein ZO-1; bottom left, nucleus and F-actin; bottom right, merged image). On the MNP surface, the RPE-J cells showed bridges among the ZO-1 tight junctions with hexagonal structures. Student *t*-test with $*p < 0.05$ set as the level of statistical significance.

cells showed that the RPE-J cells adhered to the micropatterned nanosheet and remained viable; no adherent cells were observed outside the nanosheet due to the swelling of the PVA layer (Figure 2a). We then analyzed cellular organization using a confocal laser scanning microscope (CLSM) to determine whether the RPE-J cells formed a monolayer. CLSM images clearly showed monolayer formation by the RPE-J cells (colored green by calcein AM) on the micropatterned nanosheet (colored red by rhodamine B) (Figure 2b). Also, the rim of the nanosheet (see Figure S3, Supporting Information) was clearly observed in the CLSM image. The RPE monolayer formed consistently across the nanosheet, as confirmed by cross-sectional images. In addition to monolayer formation, RPE cells formed

a densely packed structure (a “cobblestone-like” morphology) that is critical for their ability to function as a barrier under physiological conditions.^[12] It has been reported that the nanostructured surface generated by nanoparticles or by means of electron beam lithography has a significant impact on cell proliferation or cytoskeletal organization at the nanoscale.^[13] Thus, we sought to influence RPE cell morphogenesis by modulating the surface structure of the nanosheets with MNPs. Atomic force microscope (AFM) measurements revealed that the inclusion of MNPs generated a rough surface (Figure 2c); the surface roughness (root-mean-squared value) was increased by more than 5 times by the inclusion of MNPs from 0.489 nm ([MNP] = 0 mg mL⁻¹) to 2.86 nm ([MNP] = 2.5 mg mL⁻¹).

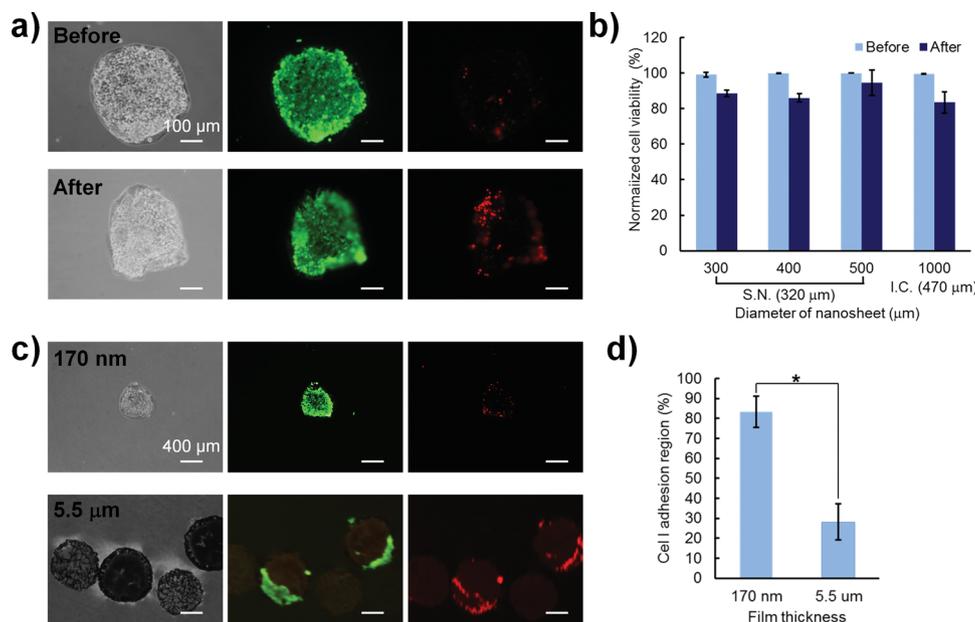


Figure 3. Evaluation of cell viability following syringe manipulation. a) Comparison of cell viability before and after injection of micropatterned nanosheets (400 μm φ) using a 25 G syringe needle (320 μm inner diameter). All scale bars indicate 100 μm. b) Quantification of cell viability on micropatterned nanosheets of different diameters. A 25 G syringe needle (S.N.) was used for nanosheets of 300 to 500 μm diameter, and a 24 G intravenous catheter (I.C.) was used for nanosheets of 1000 μm (the diameter of each needle is indicated below the Figure). c) Mechanical stability of cellular organization on micropatterned nanosheets (400 μm φ) of 170 nm or 5.5 μm thickness (all scale bars indicate 400 μm). d) Quantification of the cell adhesion region after syringe manipulation. Student's *t*-test with **p* < 0.05 set as the level of statistical significance.

This level of increase in roughness is consistent with that found in our previous study using polylactide nanosheets modified by MNPs.^[10a] We compared the proliferation of RPE-J cells on nanosheets with and without MNPs and found that a significantly enhanced rate of proliferation occurred after 1 d of culture on the surface with MNPs (Figure 2d, *p* < 0.05). Immunohistochemical analysis of the morphogenesis in the RPE monolayer after 2 d of culture showed that cells on the surface with MNPs had a hexagonal structure with abundant formation of tight junctions, as visualized by the presence of the tight junction protein ZO-1 (Figure 2e); by contrast, cells on surfaces without MNPs were randomly organized (Figure 2f). Stress fibers (F-actin) formed along the tight junctions in cells on the surface with MNPs, but were less organized on cells on surfaces without MNPs. After 7 d of culture, the formation of tight junctions had occurred on both surfaces (data not shown). A previous study reported that cells grown on a nanoparticle-modified surface showed an increased area of contiguous contact of the cell membrane (endothelial cells) with the underlying substrate, and also showed a consistent increase in growth of F-actin filaments.^[13a] Therefore, we anticipated that the greater surface roughness generated by MNPs would enhance cell migration and proliferation, and result in faster maturation of tight junctions in the epithelial monolayer. With regard to use of RPE cells in clinical applications, such enhanced morphogenesis on a micropatterned nanosheet would accelerate the process of transplantation of RPE monolayers.

On the assumption that transplantation of engineered RPE monolayers would be carried out using conventional syringe needles, we evaluated cell viability following mechanical

compression of the micropatterned nanosheets inside a syringe needle that had a circular opening. The stability and viability of the RPE monolayer was evaluated on micropatterned nanosheets with different diameters by analyzing the cells after live/dead staining. After 2 d of culture, the cell/nanosheet constructs were detached from the glass substrate by gently scratching and rubbing the corner of the nanosheets. Due to the magnetic properties of the nanosheets, the freely suspended cell–nanosheet constructs could be remotely gathered in one place using an external magnetic force (Movie S2, Supporting Information); this enabled a minimally invasive collection of the engineered RPE monolayer. Each construct was then aspirated and injected through a 25 G syringe needle (320 μm inner diameter) at 10 mL min⁻¹. Despite the mechanical stress during syringe manipulation, the RPE monolayer retained its original shape without distortion (Figure 3a). Following cell staining, we estimated a rate of cell viability of over 80% for nanosheets ranging in diameter from 300 to 500 μm (Figure 3b). The ratio of the diameter of the nanosheet to that of the syringe needle was crucial for minimizing cell mortality during the manipulation process. If the inner diameter was increased, as in switching from a 25 G syringe needle (320 μm) to a 24 G intravenous catheter (470 μm), a micropatterned nanosheet of 1000 μm diameter could be injected without significant loss of cell viability (more than 85%) (see also Figure S5). These results suggest that the micropatterned nanosheet can withstand deformation in syringe needles with an internal diameter up to half that of the nanosheet. Furthermore, we also evaluated the effect of the thickness of the nanosheet on cell viability following syringe manipulation. Micropatterned nanosheets with

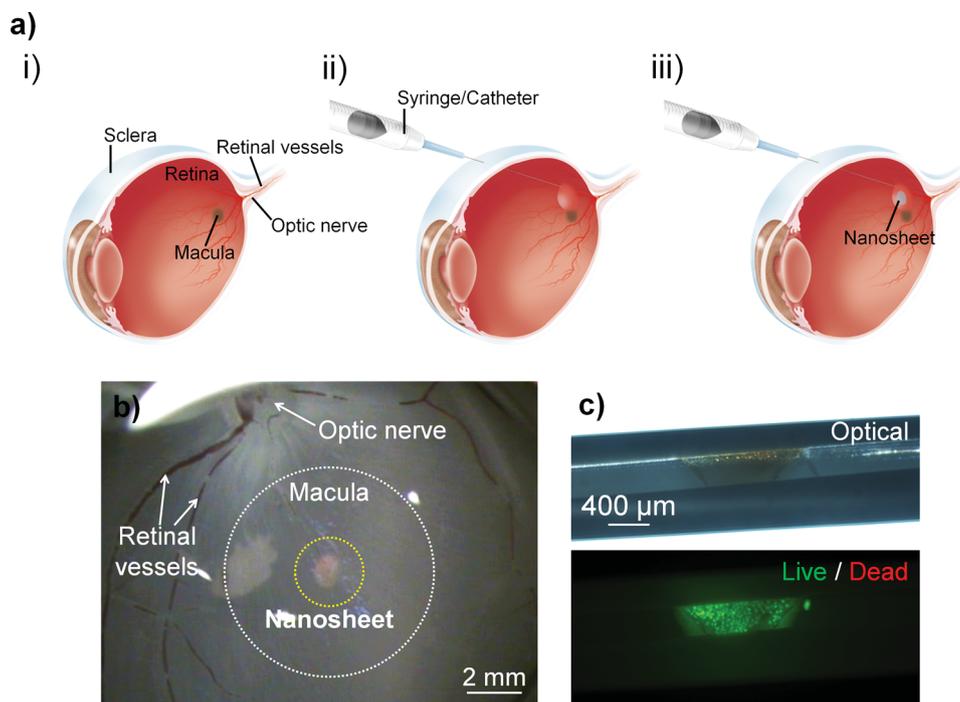


Figure 4. Injection of a micropatterned nanosheet into the subretinal space of a swine eye ex vivo. a) Schematic representation of the injection process: i) fresh swine eyeball without the detachment of retinal tissue, ii) subretinal injection of saline to make a space for injection, and, iii) injection of the micropatterned nanosheet ($1000\ \mu\text{m}\ \phi$) using a 24 G intravenous catheter ($470\ \mu\text{m}$ in inner diameter). b) Microscopic image of the injected nanosheet (stained with rhodamine B), which was fixed on the macula after removal of the saline. c) Staining of the micropatterned nanosheet with RPE-J cells in the catheter to show live/dead cells.

thicknesses of a few hundred of nanometers ($170\ \text{nm}$) retained viable cells on the surface, whereas those that were micrometers in thickness ($5.5\ \mu\text{m}$) retained few cells, with most showing low viability (Figure 3c). We assumed that cells on the latter nanosheets had been scraped from the surface during manipulation, resulting in only a few cells remaining. Such phenomena would be explained from the feasible elastic properties between cells and the $170\ \text{nm}$ -thickness nanosheets rather than the $5.5\ \mu\text{m}$ -thickness sheets; the more flexible substrate could retain the cellular organization under the mechanical stress. Indeed, comparison of the sizes of the cell adhesion regions showed that the thicker nanosheets had a significantly reduced area (Figure 3d). Overall, therefore our findings show that the ultrathin flexible structure of the micropatterned nanosheets is beneficial for aspirating them into a narrow space, such as a syringe needle, and also reduces the mechanical stress on the attached cells.

Finally, we used our system to deliver micropatterned nanosheets to the subretinal space of a swine eye ex vivo. Before injection of the nanosheet, the subretinal space was partially filled with saline in order to secure the transplanted site (Figure 4a). As the macula of the swine ocular ball is large, we injected a $1000\ \mu\text{m}\ \phi$ micropatterned nanosheet using a 24 G intravenous catheter. The nanosheet was successfully injected and spread into the subretinal space (see Movie S3, Supporting Information); it then attached to the macula and retained its circular shape after removal of the saline (Figure 4b). In addition, staining for live/dead cells showed that the RPE monolayer was

stable inside the catheter needle and retained cellular activity (Figure 4c). Thus, the ex vivo results confirm the practicality of using micropatterned nanosheets for delivering an RPE monolayer in a therapeutic context. In this ex vivo study, the fixation of the cell monolayer after injection was facilitated by removal of the prefilled saline, since the native RPE layer is closely sandwiched between the retinal photoreceptors and the choroid. Thus, removal of the saline would be sufficient to fix the transplanted RPE monolayer stably. In addition, the number of cells on the nanosheet is basically adjustable in line with the AMD size. Therefore, it may be possible to inject multiple nanosheets through the syringe needle unless the prefilled saline is removed from the subretinal place. Such multiple injections would enhance the transplantation efficacy.

It was previously reported that polylactide nanosheets from 20 to $200\ \text{nm}$ thick degraded within 1 week under physiological enzymatic conditions and also showed minimal inflammatory response in vivo due to the small amount of polymer.^[14] For further estimation, we are currently investigating the biodegradability of the micropatterned nanosheets by using model eye fluid, such as aqueous humor (data not shown). In addition, it has recently been reported that MNP-labeled cells can be transplanted into rat retina without inducing a significant inflammatory response.^[15] Thus, we incorporated MNPs or fluorescent dyes into the micropatterned nanosheets in order to visualize the structure, improve the ease of manipulation, and enhance cellular morphogenesis. Moreover, these materials can be substituted by other chemicals. For example,

fluorescein can be used as a dye since it is clinically available. The roughness effect induced by MNP could also be recapitulated by integrating microfabricated structure in the nanosheet (e.g., micropores or nano/microcues). Similar techniques could also be used to incorporate the drugs necessary for further improving the function of the nanosheet, that will be applied for drug delivery system.^[16] For example, it may be possible to enhance the tissue integration of the transplanted RPE monolayer through the controlled release of drugs and growth factors from the micropatterned nanosheet. Thus, the micropatterned nanosheet will not only be of value for retaining cellular organization but also for enhancing cellular activity such as proliferation and differentiation. For further characterization of the tissue function, we are currently investigating transepithelial electrical resistance (TER) of the engineered RPE monolayer on the nanosheet using a volt–ohm meter.^[13b] In addition, integration of the engineered tissue to the host tissue will be examined by histological analysis in vivo.

With respect to the clinical treatment of AMD using stem cells, such as induced pluripotent stem (iPS) cells,^[17] it should be noted that the present technique for directing transplanted cells using micropatterned nanosheets may also be applicable for differentiated RPE cells from stem cells providing they adhere to the nanosheet. In particular, transplanted cells might induce apoptosis unless they attach correctly to the basement membrane;^[18] the rate of attachment may depend on the anatomy and physiology of the basement membrane. In this regard, a micropatterned nanosheet may offer a good microenvironment for transplanted cells since the high flexibility of the nanosheet permits the stable attachment of the RPE monolayer despite the complicated surface of the retinal lesion. In addition, conventional cell-sheet engineering has to wait for cell confluence in order to detach the cells as a freestanding structure.^[19] To this end, the nanosheets will provide stable platforms for the cells, on which the organized cells can be detached even without waiting for the cell maturation. Therefore, integration of the nanosheet technology into cell-sheet engineering may reduce the cell culture period and also enhance the overall transplantation process.

In summary, we described the development of micropatterned nanosheets that consisted of biodegradable PLGA and MNPs toward local delivery of RPE cells for the treatment of AMD. The micropatterned nanosheets promoted the formation of a stable monolayer of the RPE-J cells that could differentiate into a cobblestone-like structure. Owing to the high flexibility of the nanosheet, the RPE monolayer could be injected through a clinical syringe without significant loss of cell viability. We also injected micropatterned nanosheets into the subretinal space of a swine eye and showed that they could attach stably to the macula. Our results indicate that micropatterned nanosheets are useful substrates not only for delivery of RPE-J cells but also for enhancing morphogenesis in the cells, such as monolayer formation with hexagonal tight junctions. Furthermore, manipulability by magnetic force would be exploited for the minimally invasive delivery of the engineered RPE-J cells. In order to further improve cell transplantation methods, such as those for iPS cells, development of cell resources as well as effective delivery technique will play an important role for the enhancement of therapeutic efficacy. Flexible micropatterned

nanosheets hold great promise for transplantation of organized cellular structures and for the development of local cell delivery systems.

Experimental Section

Experimental details are described in the Supporting Information.

Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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